$10^{\text {th }}$ Annual Steinbrenner Invitational Track and Field Meet<br>Saturday, March, $30^{\text {th }} 2019$

George M. Steinbrenner High School
Elite Timing and Event Management
Thank you for your interest in attending our $10^{\text {th }}$ Annual Steinbrenner Invitational Track and Field meet.
Entry Fees are $\$ 75$ per team (\$150 for Both Boys \& Girls) and $\$ 25$ per individual
Make checks payable to Steinbrenner High School
Steinbrenner High School
5575 W. Lutz Lake Fern Rd.
Lutz, 33558
Attention: Dennis Derflinger (Steinbrenner Invitational)
Payment will be accepted at the meet. Bring Cash or check to the packet pick up area!

## Registration:

DEADLINE TO REGISTER through Direct Athletics is 11:59 P.M. on Wednesday, March $27^{\text {th }}$.

## ENTRIES:

## Field Events

3 entries per field event; 3 attempts per athlete - no Finals
At the close of registration, field events will be restricted to the following
Shot Put/Discus/Long Jump/Triple Jump Top 32 entries at close of registration will be accepted

High Jump/Pole Vault
Top 12 - 16 entries for High Jump and Pole Vault Opening heights will be determined at the close of registration

## Running Events

Running events 100 meters, 200 meters, 400 meters, $100 / 110$ meter hurdles and 300 meter hurdle races are unlimited and heats will be determined at entry deadline.
**IF NEEDED** races will be capped at 80 runners ( 10 heats)
If no times are submitted at entry, athletes will be placed in the slowest heat for that event.

If an event fills at 80 runners ( 10 heats), then runners with no submitted times will be dropped

Running events of 800 meters, 1600 meters \& 3200 meters will be limited to 4 ENTRIES PER EVENT.

## Using the Region Meet template, the $\mathbf{3 2 0 0}$ will start at 8:30 A.M.

There will be an unscored open 1600 "Crazy Sock" race at 9:30 A.M. (Clock will run) Unlimited entries for the Crazy Sock 1600 (Prizes awarded for the "craziest" crazy sock athletes)

- Team Trophies will be presented at the conclusion of the final results.

Medals for $1^{\text {st }}, 2^{\text {nd }}$ and $3^{\text {rd }}$ place will be available when results become available.

## ORDER OF EVENTS

| 7:00 A.M. - | Gates open and packet pick-up begins |  |
| :---: | :---: | :---: |
| 8:00 A.M. - | Coaches Meeting (in hospitality area) |  |
| 8:30 A.M. - | 3200 meter Finals |  |
| 8:30 A.M. -- | Two heats Girls |  |
|  | Two heats Boys |  |
|  | Field Events |  |
|  | Girls Discus (3 | (3 attempts) |
|  | Boys Shot Put (3 | (3 attempts) |
|  | Girls and Boys Long Jump | ump (3 attempts) |
|  | Girls and Boys High Jump | mp Starting height TBD |
| 9:30 A.M. -- | 1600 Open Race | "Crazy Socks" Race |

*10:30 A.M. - or ASAP Field Events

| Boys Discus | $\quad(3$ attempts) |
| :--- | :---: |
| Girls Shot Put | (3 attempts) |

Girls and Boys Triple Jump (3 attempts)
Girls Pole Vault (Girls First) Starting Height TBD
Boys Pole Vault will follow the Girls
11:15 A.M. $\quad 4 \times 800 \mathrm{M}$ Relay $\quad$ Two heats per gender if necessary
12:00 P.M. OPENING CEREMONY
12:15 P.M.~ Rolling schedule~ Finals only~

100/110 Hurdles~ necessary) 100 meters~ 800 meters~ $4 \times 100$ Relay~ 400 meters~
300 Hurdles~
200 meters~
1600 meters
$4 \times 400$ Relay~

Top 80 entries (Up to Ten heats Girls \& Ten Heats Boys if
Top 80 entries (Up to Ten heats Girls \& Ten Heats Boys if necessary) Up to 4 heats of Girls and 4 heats of Boys
One entry per gender
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Top 80 entries (Up to Ten heats Girls \& Ten Heats Boys if necessary) Up to 3 Heats of Girls and 3 heats of Boys~
One entry per gender

