10th Annual Steinbrenner Invitational Track and Field Meet Saturday, March, 30th 2019

George M. Steinbrenner High School

Elite Timing and Event Management

Thank you for your interest in attending our 10th Annual Steinbrenner Invitational Track and Field meet.

Entry Fees are \$75 per team (\$150 for Both Boys & Girls) and \$25 per individual

Make checks payable to Steinbrenner High School

Steinbrenner High School

5575 W. Lutz Lake Fern Rd.

Lutz, 33558

Attention: Dennis Derflinger (Steinbrenner Invitational)

Payment will be accepted at the meet. Bring Cash or check to the packet pick up area!

Registration:

DEADLINE TO REGISTER through Direct Athletics is 11:59 P.M. on Wednesday, March 27th.

ENTRIES:

Field Events

3 entries per field event; 3 attempts per athlete – no Finals

At the close of registration, field events will be restricted to the following

Shot Put/Discus/Long Jump/Triple Jump Top 32 entries at close of registration will be accepted

High Jump/Pole Vault

Top 12 – 16 entries for High Jump and Pole Vault

Opening heights will be determined at the close of registration

Running Events

Running events 100 meters, 200 meters, 400 meters, 100/110 meter hurdles and 300 meter hurdle races are unlimited and heats will be determined at entry deadline.

IF NEEDED races will be capped at 80 runners (10 heats)

If no times are submitted at entry, athletes will be placed in the slowest heat for that event.

<u>If an event fills at 80 runners (10 heats), then runners with no submitted times will be dropped</u>

Running events of 800 meters, 1600meters & 3200 meters will be limited to 4 ENTRIES PER EVENT.

Using the Region Meet template, the 3200 will start at 8:30 A.M.

There will be an unscored open 1600 "Crazy Sock" race at 9:30 A.M. (Clock will run) Unlimited entries for the Crazy Sock 1600 (Prizes awarded for the "craziest" crazy sock athletes)

• Team Trophies will be presented at the conclusion of the final results.

Medals for 1st, 2nd and 3rd place will be available when results become available.

ORDER OF EVENTS

7:00 A.M. – Gates open and packet pick–up begins 8:00 A.M. – Coaches Meeting (in hospitality area)

8:30 A.M. – 3200 meter Finals

Two heats Girls

Two heats Boys

8:30 A.M. -- Field Events

Girls Discus (3 attempts)
Boys Shot Put (3 attempts)

Girls and Boys Long Jump (3 attempts)

Girls and Boys High Jump Starting height TBD

9:30 A.M. -- 1600 Open Race "Crazy Socks" Race

Unlimited entries. Girls race followed by Boys race

*10:30 A.M. – or ASAP Field Events

Boys Discus (3 attempts) **Girls Shot Put** (3 attempts)

Girls and Boys Triple Jump (3 attempts)

Girls Pole Vault (Girls First) Starting Height TBD

Boys Pole Vault will follow the Girls

11:15 A.M. 4 x 800 M Relay Two heats per gender if necessary

12:00 P.M. OPENING CEREMONY

12:15 P.M.~ Rolling schedule~ Finals only~

100/110 Hurdles~ Top 80 entries (Up to Ten heats Girls & Ten Heats Boys if

necessary)

100 meters~ Top 80 entries (Up to Ten heats Girls & Ten Heats Boys if necessary)

800 meters~ Up to 4 heats of Girls and 4 heats of Boys

4 x 100 Relay~ One entry per gender

400 meters~

Top 80 entries (Up to Ten heats Girls & Ten Heats Boys if necessary)

300 Hurdles~

Top 80 entries (Up to Ten heats Girls & Ten Heats Boys if necessary)

Top 80 entries (Up to Ten heats Girls & Ten Heats Boys if necessary)

Top 80 entries (Up to Ten heats Girls & Ten Heats Boys if necessary)

1600 meters Up to 3 Heats of Girls and 3 heats of Boys~

4 x 400 Relay~ One entry per gender