PINE CREST TRACK & FIELD VARSITY HOME OPEN SATURDAY, FEBRUARY 22ND, 2020

ENTRIES DUE: WEDNESDAY, FEB 19TH, BY 8:00 PM VIA <u>DIRECT ATHLETICS</u> ENTRY FEE: \$150 PER SCHOOL

8:00 AM—IMPLEMENT INSPECTION

8:00 AM—COACHES MEETING

<mark>7:15 AM—3200m (GIRLS THEN BOYS)</mark> 8:30 AM—GIRLS JAVELIN

9:00 AM—FIELD EVENTS (3 JUMPS/3 THROWS) BOYS AND GIRLS LONG JUMP GIRLS SHOT PUT BOYS DISCUS GIRLS POLE VAULT BOYS HIGH JUMP

9:30 AM-4x800m RELAY (GIRLS THEN BOYS)

2ND ROUND OF FIELD EVENTS (FOLLOW AFTER 1ST ROUND) BOYS AND GIRLS TRIPLE JUMP BOYS SHOT PUT GIRLS DISCUS BOYS POLE VAULT GIRLS HIGH JUMP BOYS JAVELIN

10:00 AM—RUNNING EVENTS FINALS (GIRLS, THEN BOYS) 100/110m HURDLES

100m 800m 4x100m RELAY 400m 300m HURDLES 200m 1600m 4x400m RELAY