



# GRAND VALLEY STATE BOB EUBANKS OPEN

Saturday January 17<sup>th</sup>, 2026

### *In Accordance to the NCAA Rule Book*

Grand Valley meet management designates video review anywhere in the facility that is not on the runway, circle, or jumping area, as well as the track when it is in use. Please consult the event official if you have questions.  
REMINDER THAT ONLY COACHES CAN REVIEW VIDEO WITH ATHLETES.

### 1:00 All Field Events

Men's High Jump 1<sup>st</sup>      Women's High Jump 2<sup>nd</sup>

Women's 20lb Weight 1<sup>st</sup>      Men's 35lb Weight 2<sup>nd</sup> (*To follow Women*) w/ CAGE  
Men's Shot Put 1<sup>st</sup>      Women's Shot Put 2<sup>nd</sup> (*To follow Men*) WOOD RING  
Throwing events will go INVITE FLIGHT then OPEN FLIGHT for each event

Men's Long Jump 1<sup>st</sup> Men's Triple Jump 2<sup>nd</sup>- EAST PIT  
Women's Long Jump 1<sup>st</sup> Women's Triple Jump 2<sup>nd</sup>- WEST PIT

Women's Pole Vault 1<sup>st</sup>      (Men's Pole Vault to follow 60 mins after women) (*Two Pits on both*)

### 1:30 Running Events---Projected time schedule

|      |                    |                              |
|------|--------------------|------------------------------|
| 1:30 | 60m Hurdle Prelims | (W-3 then M-3)               |
| 1:45 | 60m Prelims        | (W-5 then M-7)               |
| 2:10 | Mile               | (W-3 then M-4)               |
| 2:55 | 60m Hurdle Finals  | (M-1 then W-1)               |
| 3:00 | 60m Dash Finals    | (M-1 then W-1)               |
| 3:05 | 400m               | (W-3 then M-6)               |
| 3:25 | 600m               | (W-2 then M-4)               |
| 3:40 | 800m               | (W-1 then M-3)               |
| 3:55 | 200m               | (W-12 then M-14)             |
| 4:45 | 3000m              | (W-heat -1 then M heat 1)    |
| 5:05 | 1600m Relay        | (W-3 then M-3)               |
| 5:30 | 3000m              | (W- Heat -2 then M heat 2-3) |

In 60 Hurdles and Dash We will advance the fastest 9 time to the finals.  
The women race first in all races except the finals of the dash and hurdles.

