

## Larry Richardson Memorial Invitational

Hosted by: Booker High School

Head Coach: Sheldon Cantrell ([Scantrell21@gmail.com](mailto:Scantrell21@gmail.com))

### **MEET INFO:**

- Online entry deadline Wednesday 3, 2021 at 7:00pm.
- Timing & Results will be provided by ASP Timing & Events.
- Javelin (Girls) will START at 3:30
- Coaches meeting will be at 3:30pm while Field Events warm up.
- All other Field Events, 4 X 800, & 1500m Racewalk starting immediately following coaches meeting.
- Meet fees = \$200 per Team, or \$150 per Gender (Boys or Girls only).
- \$5 Parking Fee per car (Team Bus & Athletes in uniform are Free)
- Only 3 Entries per event.
- Field Events: Only 3 Jumps/Throws with measurement cutoff (No Finals)
  - Girls Minimum Mark after 1<sup>st</sup> Attempts
    - Discus- 25m
    - Shot Put- 9m
    - Triple Jump- 7m
    - Long Jump- 3.50m
  - Boys Minimum Mark after 1<sup>st</sup> Attempts
    - Discus- 31m
    - Shot Put- 11m
    - Triple Jump- 10.67m
    - Long Jump- 4.26m

### **TRACK RESTRICTIONS:**

- Only 1/8 and 1/4 inch pyramid spikes allowed. NO NEEDLES! Clerk will check.
- NO TAPE ALLOWED ON TRACK OR RUNWAYS. Please bring tennis balls or other items without sticky residue for your relay marks and runway marks. Thank you.
- NO COACHES ON INFIELD as that results in athletes on the infield near the timer. No one on infield except athletes warming up on the south end of the field near the score board (away from timing tent/finish line).
- Teams are NOT allowed to bring grills or any type of cooking devices.
- All team camps will be on the Softball Field (north west corner of the track) athletes will only be allowed in and out that gate. Absolutely no spectators or family members allowed in team camp area. Please bring something cushiony to sit on!

**SCHEDULE: \* Subject to change \***

- 3:30 Javelin (Girls)
- 3:30 Coaches' meeting at finish line/timing tent – one coach minimum per school
- 3:45 Field Events
- 4:00 4 x 800m, 1500m Racewalk, 1600m (slow heat)
- 5:30 (15 mins after Field Events)
- 100m Hurdles
- 110m Hurdles
- 100m Dash
- 1600m Run (Fast Heat)
- 4 x 100m Relay
- 400m Dash
- 300m Hurdles
- 800m Run
- 200m Dash
- 3200m Run
- 4 x 400m Relay

**EVENT ASSIGNMENTS**

- Long Jump- Girls (Southeast & Lennard), Boys (Palmetto & IMG)
- Triple Jump Girls (Bayshore & Clearwater Central), Boys (Port Charlotte & Hardee)
- High Jump (Sarasota & Cardinal Mooney)
- Shot Put (Lakewood Ranch & Manatee)
- Discus (Bishop Verot & Lemon Bay)
- Javelin (Booker & Riverview)
- Pole Vault (Lemon Bay & Venice)
- 4x100m Relay
  - Booker & Southeast
  - Palmetto & Riverview
  - Sarasota & Manatee