

Admission: \$5.00

Meet Entry Fee: \$120.00 per school

Awards: Top 8 individuals

Coaches Meeting: There will not be one.

I would like to start the field events at 3:30pm. I would like help running the field events. If you could be at the school by 3:15pm.

The throws and jumps will get 3 attempts each.

Running events will be straight finals. You may enter 4 athletes in the individual events except for the 800, 1600 & 3200 which will have unlimited entries and 1 relay team.

Entries by Tuesday, March 5 at 11:00 PM.

Schedule: The time schedule for the Meet will be as follows:

3:30 p.m.

Shot Put (Boys) Finals

Long Jump Finals Girls and Boys

Discuss (Girls) Finals

High Jump Girls

Pole Vault Girls

4:00 p.m.

4 x 800m Relay

4:15 p.m.

Triple Jump Girls and Boys Finals

Shot Put (Girls) Finals

Pole Vault Finals (Boys)

High Jump Finals (Boys)

Discuss Finals (Boys)

Javelin Exhibition will follow the conclusion of the Boys Discuss

5:15 pm Running Event Finals

Girls 100m High Hurdles

110m High Hurdles

100m Dash

1600m Run

4 x 100m Relay

400m Dash

300m Intermediate Hurdles

800m Run

200m Dash

3200m Run

4 x 400m Relay