



Track & Field

Friday, April 4th, 2019

Order of Events

Field Events: Start at 3:30

Boys Disc followed by Girls Disc

Girls Shot followed by Boys Shot

Girls Long Jump followed by Triple Jump (East Pit)

Boys Long Jump followed by Triple Jump (West Pit)

Boys High Jump followed by Girls High Jump

Girls Pole Vault followed by Boys Pole Vault

****4x800 (Start at 3:30)****

1600 M Unseeded heats at 4:15 PM

Running Events: Start at 5:00 (Rolling Schedule)

100H

110H

100

1600

4x100

400

300H

800

200

3200

4x400



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