



JAVELIN CLINIC

HOSTED BY



JANUARY 27, 2023

CHECK IN: 9:00 AM

TRAINING: 9:30 AM - 12:00 PM

LUNCH: 12:00 PM - 1:00 PM

TRAINING: 1:00 PM - 3:30 PM

Calvary Christian Academy Track

2401 West Cypress Creek Road

Ft. Lauderdale, Florida 33309

Registration via Direct Athletics

<https://www.directathletics.com/meets/track/82457.html>

COACHING STAFF

Head Coach: Tom Pukstys

6-time USATF Champion, 2-time US Olympian, US Olympic Team Coach

Ethan Shalaway (US Championship #5; Member USA Javelin Project)

Paul Baur (Head Coach BEAC, former UF javelin thrower)

Collection of elite local coaches

- *USATF Sanctioned*
- *All ages welcome*
- *Register by January 23, 2024 @ \$100 per athlete (coaches free or day of clinic registration \$120 per athlete)*
- *Bring javelins (if driving), spikes, towel.*
- *For additional information contact Paul Baur @ 954-579-9448 or paulbaur13@gmail.com*