

**BROWARD ELITE ATHLETIC CLUB
SUMMER OPEN #2 & MULTI
FRIDAY, JUNE 23RD, 2023
(DAY 2 OF MULTI IS SATURDAY, JUNE 24TH)
CALVARY CHRISTIAN ACADEMY
FT. LAUDERDALE**

ENTRIES DUE: DIRECT ATHLETICS BY FRIDAY, JUNE 23RD BY 10:00 AM
ENTRY FEE: \$40 PER ATHLETE, PAID ONLINE
UNLIMITED ENTRIES PER ATHLETE
DECATHLON & HEPTATHLON: \$100 PER ATHLETE

<https://www.directathletics.com/meets/track/79776.html>

Hosted by Broward Elite Athletic Club (www.browardeliteathleticclub.com)

WALK-UP REGISTRATION: \$60 PER ATHLETE (PLEASE REGISTER ONLINE)
FREE PARKING & FREE SPECTATOR ADMISSION

FINAL SCHEDULE WILL BE POSTED AFTER THE MEET IS SEEDED.

Live Results & Heat Sheets: [Servant Spirit Timing](#)

Day 1 (Friday): Heptathlon starts at 4:50 PM, Decathlon starts at 5:00 PM
Day 2 (Saturday): Heptathlon & Decathlon starts at 11:00 AM

5:00 PM Field Events, Friday, June 23rd

Round One—Long Jump, Pole Vault, Javelin, Hammer*

Round Two—Discus, Triple Jump

Round Three—High Jump, Shot Put

***Hammer is Invitational only (must be approved by Jim Griffin: 954-299-7333)**

6:30 PM Running Schedule, Friday, June 23rd

100m Prelim (*Prelim & Final depending on entries*)

100m 30" Hurdles, 100m 33" Hurdles Prelim (*Prelim & Final depending on entries*)

110m 39" Hurdles, 110m 42" Hurdles Prelim (*Prelim & Final depending on entries*)

800m

4x100m Relay

100m Final & 100/110m Hurdles Final (Optional & depending on entries)

400m

200m Hurdles, 400m Hurdles

1500/1600m

200m

3000/3200m (Combined Gender)

Location

Calvary Christian in Ft. Lauderdale

2401 West Cypress Creek Road

Ft. Lauderdale, FL 33309

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Day 1 Heptathlon & Decathlon: Friday, June 23rd

Friday Heptathlon Schedule (Tentative)

4:50 PM—Heptathlon 100m Hurdles
5:30 PM—Heptathlon High Jump
7:00 PM—Heptathlon Shot Put
8:00 PM—Heptathlon 200m

Friday Decathlon Schedule (Tentative)

5:00 PM—Decathlon 100m
5:45 PM—Decathlon Long Jump
6:30 PM—Decathlon Shot Put
7:30 PM—Decathlon High Jump
9:00 PM—Decathlon 400m

Day 2 Heptathlon & Decathlon: Saturday, June 24th

Saturday Heptathlon Schedule (Tentative)

11:00 AM—Heptathlon Long Jump
12:00 PM—Heptathlon Javelin
1:30 PM—Heptathlon 800m

Saturday Decathlon Schedule (Tentative)

11:00 AM—Decathlon 110m Hurdles
11:45 AM—Decathlon Discus
1:30 PM—Decathlon Pole Vault
3:30 PM—Decathlon Javelin
5:00 PM—Decathlon 1500m

Paul Baur

[Broward Elite Athletic Club](#)

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954-579-9448

Multis Questions: Calvin Sullins, 517-442-6002