BROWARD ELITE ATHLETIC CLUB SUMMER OPEN #3

FRIDAY, JULY 7TH, 2023 CALVARY CHRISTIAN ACADEMY FT. LAUDERDALE

ENTRIES DUE: DIRECT ATHLETICS BY FRIDAY, JULY 7TH BY 10:00 AM

ENTRY FEE: \$40 PER ATHLETE, PAID ONLINE

https://www.directathletics.com/meets/track/79778.html

Hosted by Broward Elite Athletic Club (<u>www.browardeliteathleticclub.com</u>)

This meet is open to all ages. Everyone is welcome to participate! No school uniforms. WALK-UP REGISTRATION: \$60 PER ATHLETE

Broward Elite <u>Meet schedule for the summer</u>.

All meet registration will take place through <u>Direct Athletics</u>.

Live Results & Heat Sheets for all Broward Elite Meets can be found on **Servant Spirit Timing**.

FINAL SCHEDULE WILL BE POSTED AFTER THE MEET IS SEEDED.

5:00 PM Field Events

Round One—Long Jump, Pole Vault, Javelin, Hammer*
Round Two—Discus, Triple Jump
Round Three—High Jump, Shot Put

*Hammer is Invitational only (must be approved by Jim Griffin: 954-299-7333)

6:30 PM Running Schedule

100m Prelim (*Prelim & Final depending on entries*)
100m 30" Hurdles, 100m 33" Hurdles Prelim (*Prelim & Final depending on entries*)

110m 39" Hurdles, 110m 42" Hurdles Prelim (Prelim & Final depending on entries)

800m

4x100m Relay

100m Final & 100/110m Hurdles Final (Optional & depending on entries)

400m

200m Hurdles, 400m Hurdles

1500/1600m

200m

3000/3200m (Combined Gender)

Location

Calvary Christian in Ft. Lauderdale 2401 West Cypress Creek Road Ft. Lauderdale. FL 33309

Paul Baur
Broward Elite Athletic Club
paulbaur13@gmail.com
954-579-9448