

**BROWARD ELITE ATHLETIC CLUB  
INDOOR/OUTDOOR MEET #1 & MULTIS  
SATURDAY, JANUARY 20<sup>TH</sup>, 2024  
CALVARY CHRISTIAN ACADEMY, FT. LAUDERDALE**

**ENTRIES DUE: DIRECT ATHLETICS BY FRIDAY, JANUARY 19<sup>TH</sup> BY 10:00 AM**

**ENTRY FEE: \$45 PER ATHLETE, PAID ONLINE**

**UNLIMITED ENTRIES PER ATHLETE**

**PENTATHLON: \$60 PER ATHLETE**

**[REGISTER ON DIRECT ATHLETICS](#)**

Hosted by Broward Elite Athletic Club ([www.browardeliteathleticclub.com](http://www.browardeliteathleticclub.com))

This meet is open to all ages. Everyone is welcome to participate! No school uniforms.

**WALK-UP REGISTRATION: \$70 PER ATHLETE; \$80 PER MULTIS ATHLETE**

Broward Elite [Meet schedule for 2024.](#)

Live Results & Heat Sheets: [Servant Spirit Timing](#)

**FINAL SCHEDULE WILL BE POSTED AFTER THE MEET IS SEEDED.**

**Pentathlon starts at 9:30 AM**

**10:00 AM Field Events**

*Round Zero—Weight throw at 9:00 AM\**

Round One—Long Jump, Pole Vault, Javelin, Hammer\*

Round Two—Discus, Triple Jump

Round Three—High Jump, Shot Put

**\*Weight/Hammer is Invitational only (must be approved by Jim Griffin: 954-299-7333)**

**11:30 AM Running Events**

60m Hurdles (30", 33", 39" & 42")

60m

800m

100m

600m

1500m/1600m

4x100m Relay

400m

1000m

400m Hurdles & 200m Hurdles

3000m/3200m

200m

**Location**

**[Calvary Christian in Ft. Lauderdale](#)**

2401 West Cypress Creek Road

Ft. Lauderdale, FL 33309

Paul Baur

**[Broward Elite Athletic Club](#)**

**[paulbaur13@gmail.com](mailto:paulbaur13@gmail.com)**

954-579-9448

## **Pentathlon Schedule**

### **Mens Pentathlon Schedule (Tentative)**

9:30 AM—Pentathlon 60m Hurdles

10:00 AM—Pentathlon Long Jump

10:30 AM—Pentathlon Shot Put

11:00 AM—Pentathlon High Jump

11:30 AM—Pentathlon 1000m

### **Womens Pentathlon Schedule (Tentative)**

9:30 AM—Pentathlon 60m Hurdles

10:00 AM—Pentathlon High Jump

10:30 AM—Pentathlon Shot Put

11:00 AM—Pentathlon Long Jump

11:30 AM—Pentathlon 800m