



2024 West Point Open

Saturday January 6th, 2024



FIELD EVENTS

1100	M	Pole Vault	Final	
1330*	W	Pole Vault	Final	
0800	W	Weight Throw B Section	4 Throws – No Final	
Rolling for	M	Weight Throw B Section	4 Throws – No Final	
B Sections	W	Shot Put B Section	4 Throws – No Final	
	M	Shot Put B Section	4 Throws – No Final	
1400	W	Shot Put	Trials & Finals	1 Flight
1530*	M	Shot Put	Trials & Finals	1 Flight
1600*	W	Weight Throw	Trials & Finals	1 Flight
1730*	M	Weight Throw	Trials & Finals	1 Flight
0900	M	Long Jump	Trials & Finals	Up to 2 Flights
1130*	W	Long Jump	Trials & Finals	Up to 2 Flights
1400*	M	Triple Jump	Trials & Finals	1 Flight
1530*	W	Triple Jump	Trials & Finals	1 Flight
1230	M	High Jump	Final	
1530*	W	High Jump	Final	

RUNNING EVENTS (TENTATIVE)

1420		National Anthem		
1425	M	60m Hurdles	Prelim	
1435	W	60m Hurdles	Prelim	
1450	M	60m Dash	Prelim	
1505	W	60m Dash	Prelim	
1515	M	Mile Run	Sec vs Time	
1530	W	Mile Run	Sec vs Time	
1540	M	400m Dash	Sec vs Time	
1550	W	400m Dash	Sec vs Time	
1605	M	500m Dash	Sec vs Time	
1615	W	500m Dash	Sec vs Time	
1620	W	60m Hurdles	Final	
1625	M	60m Hurdles	Final	
1630	M	60m Dash	Final	
1640	W	60m Dash	Final	
1650	M	800m Run	Sec vs Time	
1700	W	800m Run	Sec vs Time	
1710	M	1,000m Run	Sec vs Time	
1720	W	1,000m Run	Sec vs Time	
1735	M	200m Dash	Sec vs Time	
1750	W	200m Dash	Sec vs Time	
1805	M	3000m Run	Sec vs Time	
1820	W	3000m Run	Sec vs Time	
1835	M	4x400m Relay	Sec vs Time	
1850	W	4x400m Relay	Sec vs Time	