



Warrior Invitational 2021

January 16, 2021

- Location:** Frostproof Middle-Senior High School,
1000 N Palm Ave., Frostproof, FL 33843
- This is an **outdoor** 400m track
- Eligibility:** This meet is open to the public.
- Entry Deadline:** The entry deadline for all entries is Wednesday, January 13, 2020 at 11:59pm. Entries should be submitted on Direct Athletics. Late entries will not be accepted. No additions may be made after this date - scratches only.
- Entry Fee:** The entry fee for colleges/universities will be \$350 per team (with 12 or more participants) per gender (\$700 for both teams). For Club teams will be \$200 per team (with 12 or more participants) per gender (\$400 for both teams). Make checks payable to Webber International University Track and Field. The entry fee is due at the time of packet pick-up. The entry fee for individuals participating will be \$25.
- Entry Limitations:** There is no limit on entries for this meet.
- General Admission:** \$5.00 at the gate
- Performance List:** A performance list and heat sheets will be available for viewing online by January 15, 2020.
- Meet Results:** Can be found on-line at <http://www.elitetiming.net>

Warrior Invitational

Frostproof, FL

1/16/2020

RUNNING EVENTS: *Times are estimates as schedule will be rolling.

Start Time	Event	Round
9:30 AM	W & M 3000 Meters	Final
9:50 AM	Women's 800 Meters	Final
10:00 AM	Men's 800 Meters	Final
10:10 AM	Women's 60 Meters	Prelim (Top 8 times to finals)
10:20 AM	Men's 60 Meters	Prelim (Top 8 times to finals)
10:40 AM	Women's 60m Hurdles	Prelim (Top 8 times to finals)
10:55 AM	Men's 60m Hurdles	Prelim (Top 8 times to finals)
11:10 AM	Women's 600 Meters	Final
11:20 AM	Men's 600 Meters	Final
11:30 AM	Women's 1 Mile Run	Final
11:45 AM	Men's 1 Mile Run	Final
12:00 PM	Women's 60 Meters	Final
12:10 PM	Men's 60 Meters	Final
12:20 PM	Women's 60m Hurdles	Final
12:30 PM	Men's 60m Hurdles	Final
12:45 PM	Women's 400 Meters	Final
12:55 PM	Men's 400 Meters	Final
1:05 PM	Women's 1000 Meters	Final
1:15 PM	Men's 1000 Meters	Final
1:25 PM	Women's 200 Meters	Final
1:40 PM	Men's 200 Meters	Final

1:55 PM	M & W 5000 Meters	Final
2:45 PM	Women's 4 x 4	Final
2:55 PM	Men's 4 x 4	Final

FIELD EVENTS: *3 attempts. 9 to finals for 3 additional attempts

Start Time	Event	Round
9:00 AM	Women's Long Jump	Final
Followed by:	Men's Long Jump	Final
Followed by:	Women's Triple Jump	Final
Followed by:	Men's Triple Jump	Final

If there are 3 Judges for the throws, **Women will throw **weight first** and **Men** will throw **shot first**

9:00 AM	Women's Shot Put	Final
Followed by:	Men's Shot Put	Final
Followed by:	Women's Weight Throw	Final
Followed by:	Men's Weight Throw	Final
10:00 AM	Men's High Jump	Final
Followed by:	Women's High Jump	Final
10:00 AM	Women's Pole Vault	Final
Followed by:	Men's Pole Vault	Final