



UC Outdoor Invitational

Saturday, March 25, 2023 – Patterson Field

- **Entry** – www.directathletics.com
- **ENTRY DEADLINE** – Wed, March 22nd at 11:59 PM.
- **Entry Fee** – \$300 per gender or \$600 for men's and women's team. \$30 for individual entry.
- **Payment Info** – Payment must be made via credit card online through Direct Athletics. *This is an entry fee not a participation fee. No refunds for scratches.*
- **Field Size** – 4 entries per running event and 3 entries per field event. ***You may request additional entries which may or may not be approved by meet management pending the field size and level of competitiveness of your entries.***
- **Final Meet Information** will be emailed out to visiting coaches on Friday, March 24th.

Contact Info:

Carl Bickle

Head T&F/XC Coach

cbickle@ursinus.edu

Maria Stickley

Associate Head T&F/XC Coach

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Order of Events

8:30 AM Facility Opens for Warm-up

RUNNING EVENTS

MEN followed by WOMEN

11:30 AM	Steeplechase	Finals
	4 x 100m Relay	Finals
	110m/100m Hurdles	Trials
	100m Dash	Trials
	1500m	Finals
	400m	Finals
	100m/110m Hurdles <i>(women followed by men)</i>	Finals
	100m Dash <i>(women followed by men)</i>	Finals
	800m	Finals
	400m Hurdles	Finals
	200m	Finals
	5000m	Finals
	Alumni Mile	
	4 x 400m Relay	Finals

FIELD EVENTS

9:15 AM	Men's Hammer, Women Follow
11:00 AM	Men's Shot, Women Follow
11:00 AM	Women's Javelin, Men Follow
11:00 AM	Men's Triple Jump, Women Follow
11:00 AM	Men's Pole Vault, Women Follow
12:00 PM	Women's HJ, Men Follow
<i>Follows triple</i>	Men's Long Jump, Women Follow
1:00 PM	Men's Discus, Women Follow

Rolling time schedule, athletes should report no later than second call

Field Events: 4 Attempts, No finals

Starting heights in PV and HJ will be determined after entries are completed