



University of Rhode Island Cross country/Track & Field



Meet: The URI Coaches Invitational
Date: Saturday, February 14th, 2026
Teams: URI, Bentley, Bryant, Holy Cross, UMass Amherst, Providence College, unattached
Site: Mackal Field House–Kingston, RI

Final Time Schedule

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| Field Events | 11:00am | Weight Throw (Men then Women) |
| | 11:00am | Shot Put (women then men) |
| | 11:00am | Long Jump (women then men) |
| | | Triple Jump (follows long jump, women then men) |
| | 11:30am | High Jump (men then women) |
| | 11:00am | Pole Vault (women then men) |

Running Events...All running events are Women then Men except the 60 Hurdle Finals

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| | 12:15pm | 60 Hurdle Trials |
| | 12:30pm | 60 Meter Trials |
| | 12:45pm | Mile Run |
| | 1:05pm | 60 Hurdle Final (Men then Women) |
| | 1:15pm | 400 Meter Final |
| | 1:30pm | 500 Meter Final |
| | 1:40pm | 60 Meter Final |
| | 1:50pm | 800 Meter Final |
| | 2:00pm | 1000 Meter Final |
| | 2:15pm | 200 Meter Final |
| | 2:30pm | 3000 Meter Final |
| | 2:55pm | 4 x 800 Relay |
| | 3:20pm | 4 x 400 Relay |
| | 3:30pm | Conclusion of track events |
| | 4:30pm | Predicted conclusion of field events |

Scoring/Entries: **Non-scoring: unlimited entries & relays!**

Entry Fee: **Entry fee is \$30 per individual up to a team fee of \$600 per gender.** Payments will be made through DirectAthletics.

Entry Info/Deadline: Entries are to be made at www.directathletics.com by 6:00pm, Wednesday, February 11th.

Locker Rooms: Showers and changing rooms are available in Keaney Gymnasium. Please bring your own locks and towels.

Trainers: Trainers and the training room facility will be available before and during the meet.

Questions: Please email Trent Baltzell (trent_baltzell@uri.edu) or John Melnick (jm@uri.edu) with questions. We are looking forward to your participation in this meet.

Have a Safe Trip!