

FIELD EVENTS

Time	Gender	Event
10:00 AM	W	Pole Vault
11:00 AM	M/W	Long Jump
11:00 AM	W	Shot Put
11:00 AM	M	Weight Throw
2:00 PM	M	Pole Vault
2:30 PM	M/W	High Jump
2:30 PM	M/W	Triple Jump
2:30 PM	M	Shot Put
2:30 PM	W	Weight Throw

RUNNING EVENTS

Time	Gender	Event	
10:00 AM	M/W	3K	
10:40 AM	M/W	60m	Prelim
11:20 AM	M/W	60 H	Prelim
12:00 PM	M/W	Mile	
12:45 PM	M/W	400m	
1:30 PM	M/W	60m	Final
1:50 PM	M/W	60 H	Final
2:10 PM	M/W	300m	
2:45 PM	M/W	800m	
3:15 PM	M/W	200m	
4:15 PM	M/W	600m	
4:45 PM	M/W	1000m	
5:15 PM	M/W	4 x 400m	

