

Trinity Prep Invitational Monday, Feb 10, 2020

15 teams (meet is currently full)

<u>Entry fee</u> \$225/school OR \$125 for only girls/boys team Please make checks payable to Trinity Prep and send % Athletic Office

Registration All registration will be done through Direct Athletics Maximum of 3 entries/event and 1 team per relay except: 6 in the 100 6 in the 1600 Unlimited in the 4x400 \*\*only your top three in each event will count towards earning points for a team score There will be NO CONSOLATION 1600 All entries must be completed by midnight on Thursday, Feb 6

Admissions \$5 spectator fee

Meet Schedule (please do not arrive on campus prior to 3:15 due to school traffic)

## 3:45 - coaches meeting

- 4:00 Running events 4x800 relay
- 4:45 Running Finals (rolling schedule) 100/110 Hurdles 100 1600 4x100 m relay 400 m dash 300 m hurdles 800 m run 200 m dash 3200 m run 4x400 m relay

Field Events (rolling schedule) Boys Discus (girls follow) Girls Shot Put (boys follow) Long jump (triple jump follow) Girls high jump (boys follow) Girls Pole Vault (boys follow)

\*\* Due to daylight issues, we may reduce the throws to two attempts

\*\* Javelin tbd

- Trophies for Team Champions/Runner Up
- All schools will be assigned to work a field event. You MUST have a coach available! Please let me know if you have a requested event your team would like to run.

Contact Coach Amanda Dean at <u>deana@trinityprep.org</u> with any questions