TENTATIVE MEET SCHEDULE – may be updated as the meet time approaches

Track 10:00am start, rolling schedule (Women followed by Men unless otherwise noted)

10:00 am  MASCOT 60M KICK OFF RACE  ALL TEAM MASCOTS WELCOME!
60m HH (Men followed by Women) Qualifying
60m Qualifying
10-Minute Break
60m HH (Men followed by Women) Final
60m Final
20-Minute Break to Raise Track
Mile Final
400m Final
300m Final
800m Final
1,000m Final
200m Final
3,000m Final
4x200m Relay Final
4x Mile Final
4x400m Relay Final
5,000m Final

Field Events
*Dual Pits Men + Women at the same time for LJ, TJ, HJ*

9:00 am  Weight Throw – W then M
Shot Put (W then M 30 minutes after men’s weight)
10:00 am  Long Jump
Triple Jump (30 minutes after Long Jump)
10:00 am  Pole Vault – W then M
High Jump (infield 60 minutes after 60m final)

Information to Note
• All Final running events are run fast to slow.
• Check-in/Scratches: All entries and scratches must be completed at the check-in next to the warm-up area
• Spike Check: MANDATORY for all participants at the track entrance. ¼ Pyramid Only
Meet Information

Entry:

- Open to all college/university teams, open, club, red-shirt and unattached athletes.
- All seeds will be verified on TFRRS
- **Entry Fees:** Please remember this is an entry fee, not an acceptance fee. All checks must be payable to Suffolk University.
  - $25 per event *Note: WT and SP will be cut off at Top 32 entries each gender*
  - $50 per relay
  - $850 team max per gender

- **Open/Club/Red-Shirts/Unattached:**
  - MUST pay through www.directathletics.com to complete your entry.

- A descending order list will be sent to all Coaches for review and scratches. I will send updates and let people know if someone moves into the meet after scratches.
- Please send scratches as you have them until the final acceptance list is sent out on November 30th.
- All other scratches should be done on meet day at the facility.

Drop Off

- Athlete Drop Off and Pole Vault Poles need to use the Main Entrance on 91 Guest Street using the outside stairs.
- Busses are DROP OFF ONLY. Teams are responsible if their bus needs to park for the day
- Parking for vans and cars will be in the garage at New Balance or Warrior Ice Arena for a fee

Spectators and Athletes

- Wristbands must be worn by athletes and coaches at all times.
- Food is allowed in stands, no food on competition floor besides drinks
  - Food Options: Click Here
- **Spectators:** Tickets are available at the entrance on the bottom floor of the 91 Guest Street Entrance
  - Adult - $10
  - Children (Under 15) - $5
  - Infants (Under 5) - Free

Please direct all meet information
Meet Director: Will Feldman wpfeldman@suffolk.edu 413.695.7000