



Saints Invitational
Thursday, March 12, 2020

Accepting 15 teams (currently full)

Entry fee

\$225/school OR \$125 for only girls/boys team

Please make checks payable to Trinity Prep and send % Athletic Office

Registration

All registration will be done through Direct Athletics

Maximum of 3 entries/event and 1 team per relay except:

6 in the 100

6 in the 1600

Unlimited in the 4x400

**only your top three in each event will count towards earning points for a team score

There will be NO CONSOLATION 1600

All entries must be completed by midnight on Monday, March 9

Admissions

\$5 spectator fee

Meet Schedule (please do not arrive on campus prior to 3:15 due to school traffic)

3:45 - coaches meeting

4:15 - Running events

4x800 relay

5:00 Running Finals (rolling schedule)

100/110 Hurdles

100

1600

4x100 m relay

400 m dash

300 m hurdles

800 m run

200 m dash

3200 m run

4x400 m relay

Field Events (rolling schedule)

Boys Discus (girls follow)

Girls Shot Put (boys follow)

Long jump (triple jump follow)

Girls high jump (boys follow)

Girls Pole Vault (boys follow)

** Due to daylight issues, we may
reduce the throws to two attempts

** Javelin tbd

- Trophies for Team Champions/Runner Up
- All schools will be assigned to work a field event. You MUST have a coach available!
Please let me know if you have a requested event your team would like to run!

Contact Coach Amanda Dean at deana@trinityprep.org with questions