



SSAA Track & Field Championships

Date: Friday, April 4, 2025

Location: 43301 Cypress Pkwy, Punta Gorda, FL 33982

Entry Fee: \$300 per school

Payment Method: Pay through BOUND

Parking Information: Park on east parking lot to have no impact on running into student exit

Entries:

3 entries per event, 1 relay per team

Time Schedule (Coaches Working The Event)

11:30 AM Coaches Meeting

12:00 PM Rolling Schedule Field Events

-Girls Shot Put (Babcock High)

-Boys Discus (The Classical Academy Sarasota)

-Girls Discus (Eagle's View)

-Boys Shot Put (Indian Rocks)

-Girls Long Jump (Calvary Christian PSL)

-Boys High Jump (Cambridge Christian)

-Girls High Jump (Bradenton Christian)

-Boys Long Jump (Indian Rocks)

1:00 PM Rolling Schedule Track Events (Starting with Girls, then Boys)

4x800m Girls

4x800m Boys

100m Hurdles Girls

110m High Hurdles Boys

400m Hurdles Girls

400m Hurdles Boys

100m

1600m

4x100m Girls (Coaches Working Zones: Calvary PSL, Bradenton Christian, Master's Vero)

4x100m Boys (Coaches Working Zones: Eagle's View, TCA Sarasota, Cambridge Christian)

400m

800m

200m

3200m

4x400m

AWARDS: Individual Awards: 1st- 2nd place, Team Awards: 1st & 2nd Place. (given out following event)

Field Event Info:

- Three efforts in horizontal jumps and throws. All finals. Check in at event site.
- High jump opening height will be set at 1 bar below lowest entry.

TIMING & SCORING: Elite Timing and Event Management

Questions or Concerns: Carlos Merced – carlos@sunshinestateathletics.com