

MEET #1, FEBRUARY 23

SANFORD SEMINOLE MONDAY MEETS-HOME OF CLASS 4A, REGION-2026

**\$175 ENTRY FEE FOR MEETS to pay for timing Payable to:
Seminole High School, 2701 Ridgewood Ave., Sanford, 32773**

ALL MEETS SANCTIONED!

Priority to Seminole and West Volusia County Schools

GOFAN FOR SPECTATOR ADMISSION INFORMATION AND COST

**ALL FIELD EVENTS: 4:00pm START
ALL RUNNING EVENTS: 5:00PM START**

Modified meet schedule:

**ENTRY LIMITATION: 100/1600: 10 PER EVENT. ALL OTHER EVENTS: 8
3 Throws/ 3 Jumps.**

**1/4"pyramid spikes only
No one on the infield!**

**FIELD: SHOTPUT, GIRLS AND BOYS
LONG JUMP ONLY, GIRLS AND BOYS**

RUNNING IN THIS ORDER:

100/110 Hurdles, 1600,100, 400, 800, 200

MUST CONTACT MEET DIRECTOR FOR PERMISSION TO ENTRY THESE MEETS!

KENBRAUMAN: kenbrauman@aol.com. 407-421-7516