



RON KAMAKA OPEN

FEBRUARY 21, 2026

HILMER LODGE STADIUM - WHERE THE WORLD'S BEST ATHLETE COMPETE

MEET TYPE: Collegiate/Open (No high school or youth)

ENTRY PROCESS: Enter online at: www.athletic.net

Entry Deadline: Monday, February 16, 2026, at 10:00 pm

ENTRY FEE: \$800 per school (\$400 men's and \$400 women's team), \$40 per open entry (unlimited events) **Please make checks payable to: Mt. SAC Track and Field Trust**

Payment must be provided no later than the day of the competition at the clerk of the course! No payment no participation.

ACCEPTED ENTRIES: Will be posted on February 18.

LATE ENTRIES: No Late Entries will be accepted!

PARKING: Parking is free if you park in a student parking spot. All buses can park in parking lot F north of the stadium.

TEAM CAMP: You can set up your team tents on the grass field south of the scoreboard, not in the stands.

SPECTATOR INFORMATION: No spectator fees. Spectators are not allowed in the competition area and must remain in the stands or designated spectator areas. Sorry NO PETS are allowed on the Mt. SAC Campus.

ENTERING THE STADIUM: Athletes, Coaches and Spectators may enter the stadium from the Main North Gate.

DIRECTIONS: www.mtsac.edu/maps. 1100 N. Grand ave. Walnut, CA. 91789

HOTELS: Please visit our Special Events Hotel Website at: <https://runmtsac.com>
Please mention "Mt. SAC Special Events" to receive special hotel rates with our partner hotels.

CONTACT: Giovanni Lanaro - Head Track and Field Coach

E-mail = glanaro@mtsac.edu

Office = 909.274.5224

Cell = 626.485.6278



RON KAMAKA OPEN

FEBRUARY 21, 2026

HILMER LODGE STADIUM - WHERE THE WORLD'S BEST ATHLETE COMPETE

(Tentative Schedule)

Running Events

Time	Event	Gender	Heats	Time	Event	Gender	Heats
12:00 PM	4x100 relay	W			800m	W	
	4x100 relay	M			800m	M	
	1500m	W			400m hurdles	W	
	1500m	M			400m hurdles	M	
	100m hurdles	W			200m	W	
	110m hurdles	M			200m	M	
	400m	W			3,000m	W	
	400m	M			3,000m	M	
	100m	W			4x400m relay	W	
	100m	M			4x400m relay	M	

Field Events

Time	Event	Gender Order	Location	Notes
9:00am	Hammer	W then M	Hammer	4 throws
9:30 AM	Javelin	W then M	South Runway	4 throws
11:00 AM	Long Jump	W & M	East & West Pit	4 jumps
12:00 PM	Shot Put	W then M	SP west and east	4 throws
1:00 PM	Pole Vault	W then M	North Pit/South pit	
2:30 PM	High Jump	W & M	Southwest/Southeast	
2:00 PM	Discus	W then M	Stadium	4 throws
3:00 PM	Triple Jump	W & M	East & West Pit	4 jumps

Clerk of Course: White tent located at southwest entrance of the track.

Check in: All running events must check in at the Clerk of the Course and receive a hip number(s)
All field events will check in at the event site.

Heat sheets: Will be at the Clerk of the Course.

Results: We will have live results on Finished Results. Results will also be posted on directathletics.com

Implements: All implements must be weighed in. Weigh ins will be from 7:15am-1:00pm in front of the storage shed.