

Roanoke Invitational Challenge (DIII & NAIA Invite)
Hosted by Roanoke College
January 30th, 2021

Location: Kerr – Cregger-Fieldhouse, 287 High St. Salem, VA 24153

Teams: Eastern Mennonite, Columbia International, Montreal, Lynchburg, Virginia Wesleyan, Roanoke

Scoring: This is a scored team invitational. 10-8-6-5-4-3-2-1. Only 1 relay will be scored per team per relay event.

Field Events: LJ/TJ/SP and WT will each have 3 attempts in preliminaries. We will then take 8 athletes to finals in which they will have 3 more attempts.

PV/HJ Opening Heights: Women's HJ (1.35m), Men's HJ (1.63m), Women's PV (2.45m), Men's PV (3.15m)

Takeoff boards: Long Jump 10'. Women's Triple Jump 26' and 32'. Men's Triple Jump 36' and 42'.

Weight-in: Will begin at 8:00am and close at 9:30am. Located behind the cage of the Weight Throw.

Spikes: ONLY ¼ pyramid are allowed on the fieldhouse surface. There will be a spike check at the check-in area located outside the basketball arena.

Facility: 6 lane (8 lane straightaway) 200 m flat Beynon BSS 1000 Hobart textured surface with the widest allowable NCAA turn radius. There are 2 LJ/TJ runways, 2 throwing areas and 1 pole vault runway.

Team Area: Team camps will be located in the basketball arena.

Entry Fee: 5-6 teams max (depending on team size) \$500 per gender / \$1000 men's and women's team combined. A team is 15 athletes or more. This meet will not feature a team cap.

Teams fees under 15 athletes are \$35 per individual and \$70 for relays. Payable by check or cash at the meet. UNATTACHED ATHLETES ARE NOT PERMITTED AT THIS MEET.

All Entry fee's must be paid online prior to competition through Direct Athletics

Athletic Training: Athletic trainers will be available on Saturday. If you are not traveling with a trainer, please supply your own taping materials and arrange any use of modalities in advance.

- To combat the spread of COVID-19 while still conducting meets, we will enact the following procedures:
- No spectators allowed in the facility
- Everyone in the building will be required to wear a mask unless actively competition
- Limitations of the number of team/entries for each meet, while also separating spring/distance events to further minimize the number of people inside the facility.
- Additional sanitation practices throughout the facility.

Packet Pick Up/Official Check-In: Located in foyer outside of the Men's Basketball Arena. There will be signs posted once you enter the Cregger Center Field House.

Athlete Check-In: All athletes in running events must check-in 1 hour prior to their event start time. Field event athletes can check-in at their designated event area.

Hospitality Area: There will be no hospitality area this year due to COVID-19.

Timing & Results: Snap Timing will be handling the timing/results of the meet. Final results will be posted at the entrance of the Cregger Center just outside the Field house. Meet results will be posted online as well at www.snaptiming.com and <http://www.roanokemaroons.com>.

Athlete Drop-off and Pick-up: Buses may drop off athletes in front of the Cregger Center. There will be no parking or standing of buses in that area. Buses can park at either the Salem Civic Center parking lot (1001 Roanoke Blvd, Salem, VA 24153) or at the Kroger Grocery Store on Main, St in Salem (1477 W Main St, Salem, VA 24153). Coaches are encouraged to call their drivers only when the entire team is ready to load and depart.

Questions: Eugene Galloway
Head Men's and Women's Track & Field Coach
Office – 540-375-4934
Email – galloway@roanoke.edu

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Field Events –

10AM

High Jump Women/Men
Pole Vault Men's/Women's
Weight Throw Women's/Men's Circle #1
Long Jump Men's/Women's Runway #1

1PM

Shot Put Women's/Men's Circle #1
Triple Jump Men's/Women's

3:00PM Running Events –

****National Anthem****

3:00 PM 60 M Hurdles Prelims Men/Women
3:10 PM 60 M Prelims Men/Women
3:20 PM 1,000 M Finals Men/Women
3:35 PM 60 M Hurdles Finals Women/Men
3:45 PM 60 M Final Men / Women
3:50 PM Mile Finals Men/Women
4:15 PM 400 M Finals Men/Women
4:40 PM 800 M Finals Men/Women
4:50 PM 200 M Finals Men/Women
5:10 PM 3000 M Finals Men/Women
5:35 PM 4 x 400 M Finals Men / Women