

Riverhawk Invitational

Friday and Saturday February 6-7, 2026

The Track at New Balance

TENTATIVE MEET SCHEDULE – may be updated as the meet time approaches

Track 9:00 am start (Women on Friday and Men on Saturday)

All final running events are fast to slow.

9:00 am 60m HH Qualifying
 60m Qualifying
 60m HH Final
 60m Final
 Mile Final
 400m Final
 500m Final
 800m Final
 1,000m Final
 200m Final
 3,000m Final
 4x400m relay Final
 5,000m Final

Field Events

9:00 am Weight Throw
 Shot Put (30 minutes after weight)
10:00 am Long Jump (dual pits)
 Triple Jump (dual pits) (30 minutes after Long Jump)
11:00 am Pole Vault (dual pits)
 High Jump (on the infield 60 minutes after the 60m final)

Check-in/Scratches: All entries and scratches must check-in or scratch at the check-in area

Spike check: between the oval and throws area

This meet is open to all college/university teams, open, club, red-shirt and unattached athletes.

Please direct all meet information

Meet Director: Gary Gardner gary_gardner@uml.edu, Ally Waruch Allyson_waruch@uml.edu

Entry: All entries MUST go through www.directathletics.com. Entries close at 12:00pm on Tuesday, February 3, 2026.

All seeds will be verified on TFRRS

Entry Fees: Please remember this is an entry fee, not an acceptance fee. All fees will be paid on Direct Athletics

\$25 per event

\$50 per relay

\$1200 team max per gender

Open/Club/Red-Shirts/Unattached:

MUST pay through www.directathletics.com to complete your entry.

A descending order list will be sent to all Coaches for review and scratches. I will send updates and let people know if someone moves into the meet after scratches.

Please send scratches as you have them until the final acceptance list is sent out on January 22th. All other scratches should be done on meet day at the facility.

Wristbands must be worn by athletes and coaches and will be available at packet pick-up

A few notes:

Athlete Drop off and Pole Vault Poles need to use the Main Entrance on 91 Guest Street using the outside stairs. Bus parking is off site so drop off only (Soldiers Field Rd. DRC Parking lot @ 1175a Soldiers Field Boston 02116 for bus parking). Parking for vans and cars will be in the garage at New Balance or Warrior Ice Arena and it is paid parking \$15 fee.

Warm-up area- You are free to warm-up on the practice track on the floor above. Please, tell your athletes not to warm up on the infield. This facility has space outside of the oval for warm-up.

Vinyl tape only for marks (no chalk or athletic tape) we will have some for teams to use. Please, set up all team camps in the seating area. Do not set up on the warm-up track or on the competition floor. We want to keep those areas free for competitors and active warm-up.

We will run up to 15 minutes ahead of schedule each day.

Please, have athletes spike check early in the day.

The coaches and athlete wristbands are the same for both days, please have everyone keep them for both days.

Admission for Spectators (**cash or venmo only**):

Adults- \$10 each day

Children under 16- free