Schedule of Events

The meet will begin at 9:00 AM with a rolling schedule. Generally, women's events will precede men's events unless otherwise noted. The following track and field events are scheduled. Could be modified based on final entries.

Track Events

- **9:00 AM** – 5,000m Final
- 60m Hurdles (Men followed by Women) – Qualifying rounds
- 60m – Qualifying rounds
- 60m Hurdles (Men followed by Women) – Final
- 60m – Final
- Mile – Final
- 400m – Final
- 800m – Final
- 1,000m – Final
- 200m Open – Final
- 3,000m – Final
- 4x400m Relay – Final

Field Events

- **9:00 AM** – Weight Throw (Women followed by Men)
- Shot Put (Men followed by Women, if possible, using two circles; to be determined)
- **9:00 AM** – Long Jump on floor level runway
- Triple Jump (30 minutes after the Long Jump)

Field Events — Continued

- **9:00 AM** – Pole Vault – Women followed by Men (elevated runway)
- High Jump (infield, 60 minutes after the 60m final)

Single pits will be used for the Long Jump, Triple Jump, until the conclusion of the Pole Vault. Two pits for High Jump, allowing men and women to compete simultaneously.

Meet Procedures and Entry Information

Check-In and Spike Check

- All entries and scratches must be completed at the check-in station next to the warm-up area.

- Spike check is mandatory for all participants at the track entrance. Only ¼ pyramid spikes are permitted.

Meet Entry Details

- The meet is open to all college and university teams, as well as open, club, red-shirt, and unattached athletes.
- All entries must be submitted through www.directathletics.com. Entry deadline is 11:59 PM on Wednesday, 12/02/26.
- Seeds will be verified via TFRRS.
- **Entry Fees:**
    - $30 per event
    - $50 per relay
    - $700 team maximum per gender

Note: If only one circle is available for throws, entries will be limited to the top 32 marks.

Open, club, red-shirt, and unattached athletes must pay through DirectAthletics to complete their entry.

A descending order list will be sent to all coaches for review and scratches. Updates will be provided if someone moves into the meet after scratches. Please submit scratches until the final acceptance list is released on December 4th. All other scratches should be made on meet day at the facility.

Throws and 5,000m Standards

Throws will be limited to the top 32 entries..

The 5,000m race requires a minimum of five athletes per gender. Entries not meeting the standard below will not be accepted, and the event will be canceled if fewer than five athletes per gender are entered.

Standards:

- **Men:** 15:30
- **Women:** 18:45

Logistics and Spectator Information

Drop-Off and Parking

- Athletes may be dropped off by the entrance from buses and vans.

- Teams are responsible for parking arrangements for their buses; many buses park on the side street.
- Parking details for team vans are to be determined.

Spectator Admission

- Tickets are available at the entrance.
- **Adult:** $10
- **Children (Under 15):** $5
- **Infants (Under 5):** Free

Contact Information

For any questions, please contact the Meet Director, **Troy Turner**, at **Tturner@rcc.mass.edu**.