

Please join us in the running of the Pirate Relays, hosted by Matanzas HS

- DATE: Saturday March 18, 2023
- LOCATION: Matanzas HS, Palm Coast
- TIMING COMPANY: Elite Timing
- ENTRY FEES
 - School- \$150.00
 - One gender only- \$80.00
 - Payable to Matanzas HS
 - May bring check to the meet
- ENTRY LIMITS
 - 2 relay teams per school
 - 3 individuals per field event
- AWARDS
 - Team Trophies
 - Combined overall team champion (combine girls & boys score)
 - Team Champion each gender
 - Team Runner-up each gender
 - Pirate Relay batons
 - 1st place relay teams
 - Individual medals
 - 1st place individual event
 - Individual Ribbons
 - 2nd- 3rd places in relays & individual events
- SCHEDULE
 - 6:30 am gates will open
 - 8:00 am coaches meeting at finish line (coffee & donuts)
 - 8:30 am
 - 4X800 (girls followed by boys)
 - Field events
 - Shot- boys then girls 3 throws
 - Discus- girls then boys 3 throws
 - Jav- after completion of shot & discus (boys then girls) 3 throws
 - HJ- girls then boys

- LJ- boys then girls 3 Jumps
- TJ- boys then girls 3 Jumps
- NO POLE VAULTING
- 11:30 am running events– heats against time- rolling schedule
 - 4x800 girls followed boys
 - Shuttle hurdle relay- girls followed by boys
 - 4X100- girls followed by boys
 - Distance Medley Relay (400, 800, 1200, 1600) girls followed by boys
 - Sprint Medley Relay (100, 100, 200, 400) girls followed by boys
 - 400 meter hurdles- girls followed by boys
 - Florida Sprint Medley Relay (200, 200, 400, 800) girls followed by boys
 - Mixed gender 4x400 Relay (2 boys, 2 girls) any order you want (no reg for this event– let coach know at coaches meeting)
 - 4x400 Relay girls followed by boys
- ADMISSION
 - \$5.00 on Gofan
 - Free parking
- CONCESSION will be available
- Questions or concerns
 - Coach Tim Kane
 - 386-315-6965