

PURE Athletics Spring Invitational
Athlete & Coach Information Sheet
Saturday, April 26, 2025

Welcome to the 2025 PURE Athletics Spring Invitational!

We sincerely thank you for entering and joining us in what promises to be a highly competitive and exciting event. We are looking forward to a great weekend of fast times and big performances!

Facility & Warm-Up Times

The track will open for athlete warm-ups beginning at 12:00 PM (noon) on Saturday, April 26.

Please note:

- There will be no starting blocks available during warm-up times.
- Hurdles will be available for practice.
 - Please use only the practice hurdles located in the center of the track. Do not use the competition hurdles that are racked and prepared for the event.
 - After using the hurdles, please return them to the high jump apron.
- Please refrain from entering the large red building at the facility, as it is a private building.

Grass areas will also be available throughout the day for additional warm-up purposes.

Heat Sheets & Meet Schedule

Heat sheets will be posted online at:

- Direct Athletics Meet Page: www.directathletics.com
- PURE Athletics Elite Website: www.pureathleticselite.com
- Half-Mile Timing: www.halfmiletiming.com

The full meet schedule is attached for your convenience.

Spectator Information

We are pleased to offer free admission for all spectators!

Feel free to bring lawn chairs and enjoy the competition from outside the track oval fence. Please note:

- The track area is restricted to athletes, coaches, and medical personnel only.
- Limited bleacher seating is available.
- The National Training Center is part of the Orlando Health complex - no smoking, pets, grills, or barbecues are permitted.
- No drones are allowed, due to protected airspace and emergency helicopter services for the hospital.
- Service animals are permitted, but no pets otherwise.

Weather & Safety Information

Good weather is expected for the meet; however, in the event of lightning in the area, please be aware:

- The National Training Center has a lightning detection system and alarm.
- If the alarm sounds, we ask that all athletes, coaches, and spectators immediately return to their vehicles and remain there until the all-clear is given.
- We will also send an email notification when it is safe to return to the facility.
- Please do not congregate under tents or facility structures during a lightning delay - vehicles are the safest option.

Your cooperation is essential in ensuring the safety of all participants and spectators.

Reminders

- Respect facility guidelines at all times.
- Help us maintain a safe and enjoyable environment for all athletes and spectators.
- Let's have a fantastic meet!

We are excited to host you and wish everyone the best of luck!

If you have any questions, please check the meet page for updates or connect with our meet staff onsite.

Warm regards,

Cristy Snellgroves

pureathleticsinvitational@gmail.com

PURE Athletics Spring Invitational
Schedule of Events - Saturday, April 26, 2025
National Training Center, Clermont, FL

Field Events

2:00 PM	Pole Vault - Women and Men
4:00 PM	Long Jump - Men then Women
5:30 PM	Triple Jump - Men then Women
6:45 PM	High Jump - Women and Men

Running Events

4:30 PM	1500m Women	Final
4:40 PM	1500m Men	Final
5:00 PM	100m Hurdles Women	Prelim
5:15 PM	110m Hurdles Men	Prelim
5:30 PM	100m Women	Prelim
5:50 PM	100m Men	Prelim
6:15 PM	400m Women	Final
6:25 PM	400m Men	Final
6:40 PM	110m Hurdles Men	Final
6:50 PM	100m Hurdles Women	Final
7:00 PM	100m Women	Final
7:15 PM	100m Men	Final
7:45 PM	800m Women	Final
7:55 PM	800m Men	Final
8:15 PM	200m Women	Final
8:30 PM	200m Men	Final