

**IC4A/ECAC Outdoor Track & Field Championships**

**Saturday-Sunday, April 18-19, 2026**

**Rutgers University**

**Bauer Track & Field Complex**

**New Brunswick, New Jersey**

**Tentative Schedule of Events - May change due to event field sizes**

**Sunday, April 19, 2026**

<b>Running Events</b>				<b>Field Events</b>			
<u>9:30 AM</u>	<u>IC4A</u>	<u>Dec</u>	<u>110 Hurdles</u>	<u>*10:15 AM</u>	<u>IC4A</u>	<u>Dec</u>	<u>Discus</u>
<b>11:15 AM</b>	<b>Open</b>	<b>Final</b>	<b>100 Meters</b>	<u>*11:30 AM</u>	<u>IC4A</u>	<u>Dec</u>	<u>Pole Vault</u>
<u>11:35 AM</u>	<u>Open</u>	<u>Final</u>	<u>800 Meters</u>	<u>*2:40 PM</u>	<u>IC4A</u>	<u>Dec</u>	<u>Javelin</u>
<b>11:50 AM</b>	<b>Open</b>	<b>Final</b>	<b>Mile</b>	<b>*11:00 AM</b>	<b>ECAC</b>	<b>Hept</b>	<b>Long Jump</b>
<u>12:10 PM</u>	<u>IC4A</u>	<u>Final</u>	<u>4x100 Relay</u>	<b>*12:15 PM</b>	<b>ECAC</b>	<b>Hept</b>	<b>Javelin</b>
<u>12:20 PM</u>	<u>ECAC</u>	<u>Final</u>	<u>4x100 Relay</u>	<u>12:00 PM</u>	<u>IC4A</u>	<u>Final</u>	<u>High Jump</u>
<u>12:30 PM</u>	<u>IC4A</u>	<u>Final</u>	<u>100 Hurdles</u>	<u>12:00 PM</u>	<u>ECAC</u>	<u>Final</u>	<u>High Jump</u>
<u>12:40 PM</u>	<u>ECAC</u>	<u>Final</u>	<u>110 Hurdles</u>	<u>1:30 PM</u>	<u>IC4A</u>	<u>Final</u>	<u>Triple Jump</u>
<u>12:50 PM</u>	<u>IC4A</u>	<u>Final</u>	<u>100 Meters</u>	<u>1:30 PM</u>	<u>ECAC</u>	<u>Final</u>	<u>Triple Jump</u>
<u>1:00 PM</u>	<u>ECAC</u>	<u>Final</u>	<u>100 Meters</u>	<u>1:30 PM</u>	<u>ECAC</u>	<u>Final</u>	<u>Discus</u>
<u>1:10 PM</u>	<u>IC4A</u>	<u>Final</u>	<u>400 Hurdles</u>				
<u>1:30 PM</u>	<u>ECAC</u>	<u>Final</u>	<u>400 Hurdles</u>				
<u>1:50 PM</u>	<u>IC4A</u>	<u>Final</u>	<u>200 Meters</u>				
<u>2:10 PM</u>	<u>ECAC</u>	<u>Final</u>	<u>200 Meters</u>				
<b>*2:25 PM</b>	<b>ECAC</b>	<b>Hept</b>	<b>800 Meters</b>				
<u>2:30 PM</u>	<u>IC4A</u>	<u>Final</u>	<u>3000 Meters</u>				
<u>2:45 PM</u>	<u>ECAC</u>	<u>Final</u>	<u>3000 Meters</u>				
<u>*3:40 PM</u>	<u>IC4A</u>	<u>Dec</u>	<u>1500 Meters</u>				
<u>3:45 PM</u>	<u>IC4A</u>	<u>Final</u>	<u>4x800 Relay</u>				
	<u>ECAC</u>	<u>Final</u>	<u>4x800 Relay</u>				
<b>Rolling Schedule</b>	<u>IC4A</u>	<u>Final</u>	<u>4x400 Relay</u>				
	<u>ECAC</u>	<u>Final</u>	<u>4x400 Relay</u>				

**Open events are \$30 cash or VENMO**

All running events will be clerked 1 hour prior to the scheduled start time for that event, once each event is seeded, athletes should return to clerk for race/lane assignments. The clerk's tent will be outside the track by the finish line.

**Field events - All athletes must check-in prior to 1st flight warm-ups. Flights may be reduced after check in.**

**A minimum of 30 minutes will be given to the combined events athletes prior to the start of the next event unless all athletes agree to start earlier.**