



2026 GENERAL MEET INFORMATION

Meet Director: Aldo Marquez | aldo.marquez@nau.edu

Website: www.nauathletics.com

Entries: www.directathletics.com

Timing: Wingfoot Finish

MEET	DATE	Entry Deadline
Friday Night Axe 'Em Open	Friday, January 9, 2026	11:59 PM – 1/5/26
Lumberjack Team Challenge	Friday, January 16, 2026	11:59 PM – 1/12/26
Ron Mann Classic	Friday, January 30, 2026	11:59 PM – 1/26/26
NAU Tune Up	Friday, February 20, 2026	11:59 PM – 2/16/26

General Entry Procedures:

All entries for NAU Indoor competitions must be submitted **exclusively** online through www.directathletics.com. Meets are open to all collegiate programs, and unattached athletes may also enter through the same platform.

Payment for both teams and individuals must be completed online at the time of registration. A performance list will be posted on www.directathletics.com.

PLEASE READ THE UPDATED ENTRIE FEE BELOW EXPLAINING THE SURCHARGE FEE FOR SELECTED EVENTS

Entry Fee Structure:

Team Entry Fee: The entry fee is **\$700 per team**. Men's and women's programs are considered separate teams.

- Entry fees must be paid online only through www.directathletics.com.
- All entry fees are **non-refundable and non-transferable**.

Surcharge Fee: Surcharge fees applied to **Weight Throw, Shot Put, High Jump, Long Jump, Triple Jump, 60H, 60m, 200m, 400m**.

- Teams are allowed 3 entries in each event listed above before surcharge.
- Additional entries per surcharge will be an **extra \$20 dollars per athlete per event**.
- Direct Athletics will prompt you to accept a surcharge fee before it is added.

Individual Entry Fee: Individuals and teams entering **fewer than 14 entries** will be charged **\$50 per entry**. Entries must be made online only.

Late Entry Fee: No late entries are guaranteed. **\$100 CASH ONLY** late fee for all events per change. On site payment only collected by meet director at timing stands.

Seeding and Entry Notes:

TFRRS marks from **January 2025 to present** will be used as the primary source for seeding. Heat and flight placement will be determined at the discretion of meet management.

Individuals entries without a TFRRS mark and Coaches with additional seeding notes (example: stronger 1500m than Mile time, collegiate freshman, etc.) can leave notes on www.directathletics.com when registering. **All entries become final once the deadline passes.**

Performances that **cannot be verified** may be placed in a slower section or may not be accepted into the meet. It is the **responsibility of the coach** to provide accurate marks and documentation.

Finals for running events will be contested **FAST to SLOW**:

- 200m
- 400m
- 800m

- 1 Mile
- 3000m
- 4x400m Relay

Check-In Procedures (All Events):

Athlete check-in will occur at the clerking table located inside the track next to the high jump area, accessible through the southeast stairwell/elevator (Pepsi sign). Once athletes have checked in, they will be permitted to enter the track-level warm-up area.

Athletes may check in at any time but **must** check in **no later than 30 minutes** before the start of their event. Athletes are required to **report to their event location no later than 10 minutes before the scheduled start**, race ready.

Check-In Guidelines for 200m, 400m, and 4x400m Relay:

These events will **not be seeded** until after check-in to ensure full and competitive heats.

- Check-in opens **90 minutes before** the event start
- Check-in closes **60 minutes before** the event start

This process ensures properly seeded heats from **fast to slow**.

Late check-ins: Late Check-ins will be handled at the discretion of the meet director and may result in the athlete being placed in the slowest heat or scratched from the event.

Time Schedule / Heat Sheets / Results (revised):

Tentative time schedules and performance lists will be available on www.directathletics.com during the registration period. Final time schedules and heat sheets will be posted **24 hours prior to competition** at www.nauathletics.com. Any schedule updates will also appear on the NAU Athletics website.

There will be **no team packets** and **no bib numbers** for pin-on use. Heats and flights are subject to change based on late scratches. Height progressions will be released after entries close.

Meet results and timing will be posted on live.wingfootfinish.com.

Warm-Up Area:

Athletes may warm up on the concourse level of the Skydome, or on the backstretch during short sprints and hurdle events. Throwers may only warm up in the designated throws area.

During the Mile and 3000m, **only the THREE outside lanes** of the track will be available for warm-ups. **No warm-ups are permitted on the track during the 800m.**

Team Camps:

Team camps must be located in the **WEST** side stands. **No team camps are permitted in the basketball stands or along the outer edges of the track oval.**

NOTICE: Per fire marshal regulations, **no team camps are allowed on the bottom floor or near stairwell exits** at any time before or during competition. All equipment and competition bags must remain in the team camp area in the stands. **Items left in exits or walkways will be removed by officials.**

Please refer to the Walkup Skydome track map for designated camp locations and traffic flow.

Track Oval Information:

Shoe/Spikes Limitations: The maximum allowable spike is **1/4" or 7mm pyramid**. No pin spikes will be allowed. Athletes whose spike implements do not meet the required criteria will not be permitted to compete in those spikes. Replacement spikes will not be available for sale in the Skydome. All shoes worn in competition must appear on the World Athletics approved list. Here is the link to the World Athletics approved list:
<https://certcheck.worldathletics.org/FullList>

Tape: Please remove any tape you have used for marking upon the conclusion of your event. **NO SHARPIE MARKS OR CHALK MARKS.**

Electronic Devices: Per NCAA rules, the use of electronic devices will not be allowed in the warmup and/or competition areas.

Contact Information, Media, Sports Medicine: For questions and further information please contact the meet director. NAU sports information will provide media, meet

information, and event results on www.nauathletics.com. For questions on sports medicine please contact Jamie Spicuzza at james.spicuzza@nau.edu.

Field Event Information:

Throwing Events: All throwing events will enforce the **updated NCAA Division I rules**:

Handle Requirements

- *For a filled head weight, handle sides must measure **no more than 160 mm and no less than 100 mm** inside. Handles without a fixed connection point must have **three equal-length sides**.*

Harness Requirements

- *If an implement uses a harness, it must be constructed from **at least four structural straps** sewn together to form a sling, with all straps crossing beneath the head of the implement.*
- **Netting may not be used as a harness.**
- *The harness must **not stretch, deform, or show elasticity** before, during, or after competition.*

Hurdles & Throws: The hurdle heights and throwing implements will all be contested at collegiate heights and weights for all participating athletes (including unattached).

Pole Vault/ High Jump: Progression to be emailed out after entries are received based on competition to ensure smooth transitions and competitive fields.

Minimum Starting Height for Pole Vault:

- Women: **3.40m**
- Men: **3.95m**

Minimum Starting Height for High Jump:

- Women: **1.42m**
- Men: **1.80m**

Triple Jump Boards: The following boards will be available for competition:

Men: **42ft Board ONLY**

Women: **36ft Board ONLY**

NO ADDITIONAL BOARDS WILL BE ADDED

Pre-Meet Track/Weight Room Availability: Pre-meet track and weight room availability is based on basketball games and shoot around schedule. Pre-meet availability will be

communicated the week of competition after entries have been submitted but please be aware it's not always guaranteed. Please reach out to the meet director for more info or specific travel details your team has. For weight room information please reach out to Throws Coach Bradly Foote at bradley.foote@nau.edu.

Parking /Directions: Spectator and team parking is located in the Skydome **Lot P66**. All teams must park in the main lot and enter through the **east side main entrance**. Teams **will not** be permitted to drop off athletes or equipment at the track level on the north side along the horseshoe, those doors will remain locked. Please refer to the parking map for detailed entry and parking locations.

- **Approaching from I-17 North (Phoenix):** Take exit 341 for McConnell Dr. Follow McConnell Drive to San Francisco St. and take a right. The parking lot and Skydome will be on your right.
- **Approaching from I-40 West (Albuquerque):** Take exit 195 and merge onto I-17 North. In less than a mile, take exit 341 for McConnell Dr. Follow McConnell Drive to San Francisco St. and take a right. The parking lot and Skydome will be on your right.
- **Approaching from I-40 East (Los Angeles and Kingman):** Take exit 195 toward AZ 89A/Phoenix/Flagstaff and then merge onto I-17 North. From there, take exit 341 for McConnell Dr. Follow McConnell Drive to San Francisco St. and take a right. The parking lot and Skydome will be on your right.





West Stands: Spectator and Team Camps

First 2 Rows is Coaches Box

✗ NO TEAM
Camps

12345678

HSINIE

Start

60 m Start

~~NO TEAM
CAMPS~~

Elevator Access



Timing

High Jump

No Access

No Access

Check-In
Tent

Middle Stands
(Coaches Only)

du

Mile/
400 m Start

Throws

Mile/
400 m Start

NO TEAM
Camps

200/800 m Start

East Stands

First 2 Rows is Coaches Box

JUMPER JACK
ENTRANCE

Entrance to
Track Level /
Elevator Access

NAU Track & Field – Walkup Skydome

Anticipated Meet Schedule:

Schedule of Events (TENTATIVE)

FIELD EVENTS

2:00 PM	Pole Vault	Women, followed by Men
2:00 PM	Long Jump	Women, followed by Men
	Triple Jump	Women, to follow Men's LJ
	Triple Jump	Men, to follow Women's TJ
2:00 PM	Weight Throw	Women, followed by Men
	Shot Put	Women, to follow Men's WT
	Shot Put	Men, to follow Women's SP
4:00 PM	High Jump	Women, followed by Men

RUNNING EVENTS

3:50 PM	<i>National Anthem</i>			
4:00 PM	60m Hurdles	Women	Prelims	TBA Heats
	60m Hurdles	Men	Prelims	TBA Heats
	60 meters	Women	Prelims	TBA Heats
	60 meters	Men	Prelims	TBA Heats
	1 Mile	Women	Final	TBA Heats
	1 Mile	Men	Final	TBA Heats
	60m Hurdles	Women	Final	TBA Heats
	60m Hurdles	Men	Final	TBA Heats
	60 meters	Women	Final	TBA Heats
	60 meters	Men	Final	TBA Heats
	400 meters	Women	Final	TBA Heats
	400 meters	Men	Final	TBA Heats
	800 meters	Women	Final	TBA Heats
	800 meters	Men	Final	TBA Heats
	200 meters	Women	Final	TBA Heats
	200 meters	Men	Final	TBA Heats
	3000 meters	Women	Final	TBA Heats
	3000 meters	Men	Final	TBA Heats
	4 x 400m Relay	Women	Final	TBA Heats
	4 x 400m Relay	Men	Final	TBA Heats

Final Schedule will be released on the week of competition when entries are due