

Merrimack College Outdoor Invitational

Date: Sunday, April 7, 2019

Team Check in start time: 2pm

Location: Duane Stadium, 315 Turnpike Street, North Andover, MA
01845

Facility/Parking Information: Athletes may wear up to 1/4" spikes. Free parking can be found behind in the lots behind the facility, Lot N (enter from Cullen Avenue and take the next two lefts).

Events:

100m

100m H

200m

200m H

400m

800m

Mile

5K Run – combined

4x100m

4x400m

4x800m

High Jump

Long Jump

Triple Jump

Order and schedule of events will be posted in March.

Entries: The preferred method for entries is on www.directathletics.com. Otherwise, email clubtrackandfield@merrimack.edu to request an entry form. Entries are due by midnight on Sunday, March 31.

\$20/athlete for college club athletes (NIRCA)
\$25/athlete for other participants (college, non-collegiate club teams,
open athletes, high school athletes)
\$300 max/gender team (applies to all teams and clubs)

After you've signed up, you will be sent an invoice. Payment can be made via cash, or check. Check your invoice for more details. Payment must be made before athletes are allowed to compete.

Check-in: You may check with the clerk in up to 60 minutes before your event. Please check in no later than 20 minutes before your scheduled event time, or you WILL BE SCRATCHED. We will run up to 5 minutes ahead of the listed schedule.

Heat Sheets and Results: Heat sheets will be posted in the facility and on the meet homepage. Final results will be available there, via email, and on clubrunning.org. Meet updates and results will be posted online via DirectAthletics and in the facility as the day progresses.

Restrooms/Locker Rooms: There are limited restrooms and changing facilities available by the track. Those not racing within the next hour should use the restrooms in the Volpe Athletics Center lobby next door.

Awards: At conclusion of meet. Ribbons awarded to top three in individual events. Plaques to top men and women teams.

Please direct meet day questions/issues to Ryan Barbeiro, Meet Director, at 401-359-5394 or email clubtrackandfield@merrimack.edu