

# 2025 UBC OPEN MEET INFO

Date: March 29-30 2023

Location: Rashpal Dhillon Track and Field Oval, UBC Campus (Corner of Wesbrook/16th Ave)

Meet Director: Leslie Sexton

Contact email: [ubcmeetchief@gmail.com](mailto:ubcmeetchief@gmail.com)

Meet Website: <https://ubcmeetchief.wixsite.com/website>



We look forward to hosting you at the 2025 edition of the UBC Open.

\*\*\*\* [Click here for link to schedule](#) \*\*\*\*

**Events:** 100m, W100mH, M110mH, 200m, 400m, 400mH, 800m, 1500m, 5,000m race walk, 5,000m, 4x100m, 4x800m, 3000m Steeplechase, Shot Put, Hammer Throw, Discus Throw, Long Jump, High Jump, Triple Jump,

Pole Vault, Javelin Throw, Decathlon, Heptathlon

## **Entries:**

- All entries must be done on Direct Athletics
- Deadline\*: March 24, 2025 11:00pm PST (*\*early bird deadline March 15th, 2025*)
- Cost: \$25 USD (early bird pricing) per athlete and \$30 USD per relay team. Team fee \$550 USD/per gender. All payment must be done on Direct Athletics, late/day of entries accepted by discretion of the meet director and are cash only.
- All athletes entering this meet must have a current BC Athletics membership, or equivalent, from another province or country.

## **Weight/Check in procedures:**

- Race package pick up will be on the day at the track
- Track events: check in at the start line no later than **30 minutes before your event**
- Field events: check in no later than **30 minutes before at your event**

## **Technical Notes:**

- Throwing Implements – Please note that personal throwing implements must be weighed at least 60 min before the event starts. This will be located in the equipment container. All implements must be weighed in on Saturday.
- Age group athletes may employ the implements required for their age, but must provide their own implements and have them weighed in. These athletes will only receive 4 throws. If you are throwing an implement other than the senior/open weight, please indicate the implement weight in the 'entry note' section when registering for the meet.
- Track Events – Timed finals. Hurdle heights will be set at "open" heights only (exceptions will be made for age- group multi-event athletes).
- Field Events – For throws and horizontal jumps, every athlete will get 3 attempts with the top eight athletes receiving 3 additional attempts\*.
- For parking at UBC and directions from US [[Click here](#)]