

ACCAC Track & Field Championships
 John D. Riggs Stadium, Mesa Community College
 Mesa, Arizona - 3/29/2019
 Session Report

Session: 1 Field Events
 Day 1 - Friday 3/29/2019 - Starts at 04:00 PM

Starts at	Event	
4:00 PM	#35 Women Javelin Throw	
4:00 PM	#34 Men Hammer Throw	
5:00 PM	#23 Women High Jump	
5:00 PM	#26 Men Pole Vault	
5:00 PM	#27 Women Long Jump	
5:00 PM	#28 Men Long Jump	
	#25 Women Pole Vault	Following Men Pole Vault
	#24 Men High Jump	Following Women High Jump
	#33 Women Hammer Throw	Following Men Hammer
	#36 Men Javelin Throw	Following Women Javelin
6:00 PM	#37 Women Shot Put	
6:00 PM	#32 Men Discus Throw	
	#29 Women Triple Jump	Following Long Jump
	#30 Men Triple Jump	Following Long Jump
7:00 PM	#31 Women Discus Throw	Following Men Discus
7:00 PM	#38 Men Shot Put	Following Women Shot

Session: 2 Running Events
 Day 1 - Friday 3/29/2019 - Starts at 05:00 PM

Starts at	Event	Round
5:00 PM	#17 Women 3000 Meter Steeplechase	Finals
5:15 PM	#18 Men 3000 Meter Steeplechase	Finals
5:30 PM	#19 Women 4x100 Meter Relay	Finals
5:35 PM	#20 Men 4x100 Meter Relay	Finals
5:40 PM	#9 Women 1500 Meter Run	Finals
5:50 PM	#10 Men 1500 Meter Run	Finals
6:00 PM	#5 Women 400 Meter Dash	Finals
6:05 PM	#6 Men 400 Meter Dash	Finals
6:15 PM	#13 Women 100 Meter Hurdles	Finals
6:30 PM	#14 Men 110 Meter Hurdles	Finals
6:45 PM	#1 Women 100 Meter Dash	Finals
6:50 PM	#2 Men 100 Meter Dash	Finals
7:00 PM	#7 Women 800 Meter Run	Finals
7:10 PM	#8 Men 800 Meter Run	Finals
7:20 PM	#15 Women 400 Meter Hurdles	Finals
7:30 PM	#16 Men 400 Meter Hurdles	Finals
7:45 PM	#3 Women 200 Meter Dash	Finals
7:50 PM	#4 Men 200 Meter Dash	Finals
8:00 PM	#11 Women 5000 Meter Run	Finals
8:20 PM	#12 Men 5000 Meter Run	Finals
8:40 PM	#21 Women 4x400 Meter Relay	Finals
8:50 PM	#22 Men 4x400 Meter Relay	Finals