

LINCOLNTM

TRACK & FIELD

Invitational at Cyrus D. Jones Track & Field

- Date:** Thursday, April 16, 2026
- Start Time:** Field Events: 11:00 AM (See event schedule below)
Running Events: 1:30PM (See event schedule below)
- Timing:** Dan Nelson Timing
- Live Results:** Athletic.net
- Location:** Lincoln University – 1570 Baltimore Pike, Lincoln University PA, 19352. Cyrus D. Jones Track
- Entry Fee:** \$600 per team (\$1200 for both Men & Women).
\$60.00 for unattached/open runners and teams with less than 10 athletes
Entries/Payment online with Direct Athletics.
- Entry Deadline:** **Entry deadline is Monday April 13, 2026 at 11:59 PM on Direct Athletics**
Additionally, please send an email confirming your attendance to rwhiting@lincoln.edu
- Scoring/Rules:** NCAA rules apply
- Facility/Track:** 8 lane Rekortan Track surface. Facility was redone/resurfaced in 2022. The Cyrus D. Jones Track & Field is located just off the main entrance (off of Baltimore Pike) inside the campus.
- Drop Off:** In front of the stadium main entrance or ICC.
- Parking/Pickup:** International Cultural Center (ICC) parking lot
- Meet Director:** Head Coach Roland Whiting (610-247-7408) / rwhiting@lincoln.edu
- Additional contacts:** Krystahl Gordon kgordon@lincoln.edu
Sports Information: James Battle jbattle@lincoln.edu
LU Sports Medicine: Zuri Greene-Johnson zgreenejohnson@lincoln.edu

Tentative

Field Events

Field Events Weigh-In – Behind the scoreboard in the equipment and storage shed

Field Events Check-In – At the event location

11:00 AM (W/M) Javelin Men to Follow
12:00 PM (W/M) Pole Vault Men to Follow
11:30 AM (M/W) Shot Put Women to Follow
11:00 AM (W/M) Long Jump Men to Follow
11:00 AM (M/W) Triple Jump/ Women to follow
2:00 PM (W/M) High Jump following Pole Vault

Tentative

Track Events

Check-In Location is near the scoreboard (west end of the track).

Please check-in immediately and at least 45min before the start time of the event

Clerk-In – at least 20min before reporting to the start line.

1:00 PM National Anthem
1:10 PM Senior Awards Announcements
1:30 PM (W) 400m Hurdles
1:40 PM (M) 400m Hurdles
1:45 PM (W) 5000m Run
2:10 PM (M) 5000m Run
2:30 PM (W) 4x100m Relay
2:35 PM (M) 4x100m Relay
2:40 PM (W) 1500m Run
2:50 PM (M) 1500m Run
3:00 PM (W) 100m Hurdles
3:15 PM (M) 110m Hurdles
3:30 PM (W) 400m Dash
3:45 PM (M) 400m Dash
4:00 PM (W) 100m Dash
4:15 PM (M) 100m Dash
4:30 PM (W) 800m Run
4:40 PM (M) 800m Run
4:50 PM (W) 200m Dash
5:05 PM (M) 200m Dash
5:20 PM (W) 3000m Steeple Chase
5:35 PM (M) 3000m Steeple Chase
5:50 PM (W) 4x400m Relay
6:00 PM (M) 4x400m Relay

The is a rolling schedule