



**PURE Athletics / NTC**  
**Spring Invitational**  
**May 5, 2019**

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<b>Running Events</b>	<b>Field Events</b>
3:30PM M 4x100M	10:30AM Javelin
3:40PM W 4x100M	
4:00PM W 100H Prelim	11:45AM Hammer Throw
4:15PM M 110H Prelim	
4:50PM W 400M Final	12:45PM Weight Throw
5:00PM M 400M Final	
5:45PM W 100M Prelim	1:45PM Shot Put
6:05PM M 100M Prelim	
6:50PM M 110H Final	2:45PM Discus
7:00PM W 100H Final	
7:10PM W 100M Final	4:00PM High Jump
7:20PM M 100M Final	
7:35PM W 400H Final	4:00PM W Long Jump
7:40PM M 400H Final	
8:00PM W 200M Final	5:00PM M Long Jump
8:30PM M 200M Final	
9:00PM W 800M Final	6:00PM W Triple Jump
9:15PM M 800M Final	7:00PM M Triple Jump

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