



**Missouri Southern High School Open  
Open to Ages 12-High School Seniors  
Sunday, February 8, 2026  
Leggett & Platt Athletics Center**

Site: MSSU INDOOR TRACK at Leggett & Platt Athletics Center on the campus of Missouri Southern.

Starting Time: Sunday: Field Events 10:00am, Running Finals 2:00pm

Entries: Entries must be done **ONLINE** at [DIRECT ATHLETICS: https://www.directathletics.com](https://www.directathletics.com) Entries will be accepted ONLINE until Wednesday, FEBRUARY 4, at 7:00 pm.

Entry Limit: Unlimited entries

Entry Fee: **\$30.00 per athlete, maximum of \$300.00 per team (men and women are separate). Entry Fees will be paid through Direct Athletics ONLY, all entry fees are NON-REFUNDABLE.** Payment must be received before the entry deadline for entries to be accepted. Entry fees are based upon number of athletes entered at the entry deadline

**DAY OF MEET REGISTRATION** – If you miss online entry, you will be subject to a higher fee:  
9:00 am – 2:00 pm, February 8, 2026 – Scorer's Table  
**\$40.00 per athlete**

Check-In: Field Events check in at event area – Running events check in at clerk's table on the infield

Weigh In: Throwing implements will be weighed in at southeast corner of the field house 9:00am-11:30pm

Facilities: New in 2025, Beynon Hobart Surface, wooden throws circlers, pole vault is a raised mondo runway.

Spikes: 1/8" or 1/4" pyramid spikes only. No Christmas tree Spikes

Scoring: NO TEAM SCORES

Results: Results will be available shortly after the conclusion of the meet at <http://www.midwesttiming.com/> or at [www.mssulions.com](http://www.mssulions.com) .

Trainer: Trainers will be available during the meet to administer first aid. Please bring your own athletic tape and other necessary supplies.

Minimums: Starting heights will be adjusted based on field sizes.

Awards: T-Shirts for 1<sup>st</sup>-place winners

Contacts: Head Men's Coach, Bryan Schiding. [schiding-b@mssu.edu](mailto:schiding-b@mssu.edu), 417-659-5447

# MSSU- High School Open

## Sunday, February 8, 2026



### Field Events

**Declaration** All field events report to competition area. No scratches or declarations need to be made.

**10:00 a.m.** Weight Throw- Boys and girls combined

**10:00 a.m.** Pole Vault - Girl's

**11:00 a.m.** Long Jump\* - Girl's  
Shot Put\* - Boy's  
High Jump - Girl's and Boy's Separate Pits

**12:00 p.m.** Long Jump\* - Boy's  
Shot Put\* - Girl's

**1:00 p.m.** Triple Jump\* - Girl's followed by Boy's

**2:00 p.m.** Pole Vault - Boy's

**\*Long Jump & Triple Jumps will be 4-jumps, cafeteria-style**

**\*\* Throws events will have trial and finals**

### Running Events

**Declaration** All running events participants will need to check into the declaration table by the appropriate times listed to declare your intention to compete or you will be scratched. If you declare and don't compete, you will be scratched from the meet.

**Running Order - Fast to Slow, Girl's followed by Boy's**

**2:00 p.m.** 60 Meter Dash – Prelims - Must Declare by 1:15 p.m.

60 Meter Hurdles – Prelims - Must Declare by 1:15 p.m.

Mile Run –Final - Must Declare by 1:45 p.m.

60 Meter Hurdles – Final - Qualified athletes report to the South Clerking table

60 Meter Dash – Final - Qualified athletes report to the South Clerking table

400 Meter Dash – Final - Must Declare by the end of the girl's Mile Run

800 Meter Run – Final - Must Declare by the end of the girl's 60m Hurdles

200 Meter Dash – Final - Must Declare by the end of girl's 400 Meter Dash

3200 Meter Run – Final - Must Declare by the end of the girl's 800 Meter Run

Mile Relay – Final Must Declare by the end of the girl's 200 Meter Dash