



## Larry Richardson Memorial Invite

**Hosted by:** Booker High School

**Head Coach:** Sheldon Cantrell (Scantrell21@gmail.com)

- Online entry deadline Wednesday 3, 2020.
- Our starters/race Officials will be Dave Bryan.
- Timing & Results will be provided by ASP Timing & Events.
- Coaches meeting will be at 3:30pm while Field Events warm up.
- Field events (including Javelin), 4 X 800, & 1500m Racewalk starting immediately following coaches meeting.
- Meet fees = \$175 per Team, or \$100 per Gender (Boys or Girls only).
- 16 Team Cap
- Only 3 Entries per event.
- Meet Schedule:
  - 4 x 800m Relay
  - 1500m Racewalk (15 minute max)
  - 100m Hurdles (5:00p)
  - 110m Hurdles
  - 100m Dash
  - 1600m Run
  - 4 x 100m Relay
  - 400m Dash
  - 800m Run
  - 200m Dash
  - 3200m Run
  - 4 x 400m Relay