



Juniata College Tune-Up

4/25/2026

We are bringing Track and Field meets back to Juniata College! We are hosting the 2026 Juniata College Tune-Up on Saturday April 25th.

Entries: Entries will be accepted via the meet website on DirectAthletics. **Entries close on Thursday April 23, 2025 at 12:00 PM Eastern. There are no entry limits for each event.**

Entry Fees: **The cost is \$300 per Gender.** Institutions with less than 12 athletes - the cost is \$25 per athlete until you hit 12 athletes. All Payments will be made directly on Directathletics.

Facilities:
8-Lane Track (Polyurethane)
All Weather Javelin Runway
Concession Stand
Athletic Trainers on Site

Implements: Implement weigh-in will open at 8:00 am on Saturday and close at 8:50. Only implements that have weighed in will be permitted in competition. Illegal implements will be impounded until the completion of the meet. Weigh-Ins will be located in the shed near the shot put ring.

Timing: Live Results link will be sent out with the final meet information!

Contact:

Meet Director:	Jake Kaylor
Cell:	724-972-1028
Email:	jka100@juniata.edu

Assistant T/F Coach:	Stuart Todd-Middleditch
Cell:	224-288-7500
Email:	toddmis@juniata.edu

Starting Heights And Progressions:

Women's Pole Vault: 2.15m (7') increasing by 15 cm
Men's Pole Vault: 3.05m (10') increasing by 15 cm
Men's High Jump: 1.57m (5'2") increasing by 5 cm
Women's High Jump: 1.27m (4'2") increasing by 5 cm

Jumping Boards:

Long Jump Board: 4'

Triple Jump Boards: 28' and 36' - Tape Board at 32'



TRACK EVENTS:

Time Schedule - If we get behind, we will roll the schedule!

10:00 5,000m Run (Men)
10:30 5,000m Run (Women)
11:00 400m Relay (Men)
11:10 400m Relay (Women)
11:20 3000m Steeplechase (Men)
11:35 3000m Steeplechase (Women)
11:55 110m Hurdles - Prelims
12:10 100m Hurdles - Prelims
12:25 100m dash (Men) - Prelims
12:45 100m dash (Women) - Prelims
1:05 1500m run (Men)
1:20 1500m run (Women)
1:35 400m dash (Men)
1:50 400m dash (Women)
2:05 100m Hurdles - Finals
2:15 110m Hurdles - Finals
2:25 100m dash (Men) - Finals
2:30 100m dash (Women) - Finals
2:35 800m run (Men)
2:50 800m run (Women)
3:00 400m hurdles (Men)
3:20 400m hurdles (Women)
3:30 200m dash (Men)
3:50 200m dash (Women)
4:10 Juniata Senior Recognition Ceremony
4:35 1600m relay (Men)
4:45 1600m relay (Women)

SATURDAY FIELD EVENTS:

Throws:

9:00am - Women's Discus Throw (Men to Follow)
9:00am - Men's Shot Put (Women to Follow)
11:30am - Men's Hammer Throw (Women to Follow)
12:00pm - Women's Javelin Throw (Men to Follow)

Jumps:

10:00am - Women's Long Jump (Men to Follow)
11:00 am - Women's Pole Vault (Men to Follow)
11:00am - Men's High Jump (Women to Follow)
12:30pm - Women's Triple Jump (Men to Follow)