

TRACK & FIELD EVENT SCHEDULE

Saturday, March 14, 2020

Field Events: (ATHLETES CHECK IN AT THE VENUE PRIOR TO THE START OF THEIR EVENT)

9:00 AM -- HAMMER MEN/WOMEN TO FOLLOW
9:00 AM -- JAVELIN WOMEN/MEN TO FOLLOW
9:00 AM -- HIGH JUMP MEN/WOMEN TO FOLLOW
10:30 AM -- LONG JUMP MEN East Pit/WOMEN West Pit
12:15 PM -- TRIPLE JUMP MEN East Pit/WOMEN West Pit
12:00 PM -- SHOT PUT WOMEN/MEN TO FOLLOW
1:00 PM -- POLE VAULT WOMEN/MEN TO FOLLOW
2:45 PM -- DISCUS- WOMEN/MEN TO FOLLOW

Running Events: (ATHLETES THE CHECK IN AND CLERK TABLE WILL BE LOCATED ON THE BASEBALL VIEWING DECK LOCATED TRACK LEVEL OUTSIDE THE TRACK FENCE NORTHSIDE OF TRACK. PLEASE CHECK IN 30 MINUTES PRIOR TO YOUR EVENT.)

11:20 AM -- National Anthem
11:30 AM -- 3000-METER STEEPLECHASE W
11:50 AM -- 3000-METER STEEPLECHASE M
12:05 PM -- 4 X 100 RELAY W
12:10 PM -- 4 X 100 RELAY M
12:20 PM -- 1500 METERS W
12:45 PM -- 1500 METERS M
1:05 PM -- 100-METER HURDLES
1:15 PM -- 110-METER HURDLES
1:25 PM -- 400 METERS W
1:40 PM -- 400 METERS M
1:55 PM -- 100 METERS W
2:10 PM -- 100 METERS M
2:25 PM -- 800 METERS W
2:45 PM -- 800 METERS M
3:05 PM -- 400 METER HURDLES W
3:15 PM -- 400 METER HURDLES M
3:25 PM -- 200 METERS W
3:50 PM -- 200 METERS M
4:15 PM -- 5000 METERS W (2 heats if needed)
5:00 PM -- 5000 METERS M (2 heats if needed) 4:40 PM with 1 heat of the women's 5K
5:40 PM -- 4 X 400 RELAY W will adjust time forward if 2 heats are not needed in the 5K's
5:50 PM -- 4 X 400 RELAY M will adjust time forward if 2 heats are not needed in the 5K's

PLEASE INFORM YOUR ATHLETES AND COACHES THAT WE WILL BE USING A FLOATING TIME SCHEDULE FOR THE RUNNING EVENTS WHICH MAY CAUSE THE MEET TO COMPRESS OR EXPAND. AT THE CONCLUSION OF THE PREVIOUS SCHEDULED EVENT (STARTING AFTER THE 4 X 100 RELAYS)WE WILL START THE NEXT EVENT WITHIN 5 MINUTES IF AT ALL POSSIBLE.