

SOUTHERN MISS®

Invitational *(updated 3/22/21)*

April 2nd - April 3rd, 2021

****COVID PROTOCOL****

*** Prior to competition, one (1) PCR COVID-19 Test is to be completed 72 hours prior to competition**

*** Please complete the attached Attestation form & submit by 5:00pm Thursday April 1st**

- Location:** Marshall Bell Track Complex at the University of Southern Mississippi
- General Info:** Contestants may use flats or ¼ inch spikes only on all running surfaces.
- Entry Information:** All entries, unattached and attached, must be submitted online via directathletics.com .
Entries will open Monday, March 15th and must be submitted by 11:00pm on Tuesday, March 30th.
Heats will be seeded according to marks submitted. PLEASE SUBMIT ACCURATE MARKS.
- Entry Fee:** An entry fee of \$30.00 per person (individuals, clubs, teams) will be charged. Colleges and Universities may pay \$30.00 per person or \$350.00 per gender.
- Make checks payable to:
Southern Miss Track & Field
118 College Drive
Hattiesburg, Mississippi 39406
P.O Box 5017
- Hospitality:** Coaches/Officials: Southern Miss track staff will be hosting a Fish Fry, Friday (4/2) night for all coaches and officials at the Marshall Bell track complex
- Schedule:** See page 2 for Schedule of Events. Pole Vault competition will be held at the University of South Alabama Friday, April 2nd beginning at 3:00pm.
- Track Information:** Hammer will be weighed in Friday (4/2) from 12:30-1:30. All other implements must be weighed and marked at the track on Saturday (4/3) between 8:30am-1:30pm. Any implements that do not meet specifications will be impounded until completion of the competition. All warm-ups must take place outside the track area of designated grass areas.
- Awards:** 1st place winners in each event will receive a T-Shirt
- For More Info:** Contact Jon Stuart at (706) 202-7616 or E-mail: jon.stuart@usm.edu

FRIDAY AFTERNOON

3:00 pm **Pole Vault - Women
to Follow Pole Vault - Men**

****Pole Vault will be held at Uni. South Alabama****

3:30 pm Triple Jump-Women

(Men Follow)

3:30 pm Hammer-Men

(Women Follow)

3:30 pm Javelin- Women

(Men Follow)

SATURDAY

12:10 pm 5000m-Women

12:35 pm 5000m - Men

12:55 pm 400m Relay - Women

1:00 pm 400m Relay - Men

1:05 pm 1500m - Women

1:15 pm 1500m - Men

1:25 pm 100 Hurdles- Women

1:35 pm 110 Hurdles-Men

ROLLING SCHEDULE

400m - Women

400m - Men

100m - Women

100m - Men

800m - Women

800m - Men

400m Hurdles - Women

400m Hurdles - Men

200m - Women

200m - Men

3000m Steeple Women

3000m Steeple Men

1600m Relay - Women

1600m Relay - Men

SATURDAY (FIELD EVENTS)

11:00am Long Jump- Men

11:30am High Jump- Women

12:00pm Shot- Men

12:00pm Discus-Women

1:00pm Long Jump- Women

2:30pm High Jump - Men

2:30pm Shot - Women

2:30pm Discus - Men

***ALL IMPLEMENTS**

WEIGHED IN BY 12PM ON

SATURDAY