

Prentice Gudgen High School Invitational



Saturday, January 10, 2026 - Pittsburg State University

Robert W. Plaster Center - Harvey Dean Track

Schedule of Events

Est. 1990 - "A Gorilla Tradition"



FINAL - Updated 1/7/2026

FIELD EVENTS

Noon	High Jump	Girls
Noon	Pole Vault	Boys
Noon	Long Jump	Boys
	(raised runway)	
Noon	Weight Throw	Boys
*1:15	Weight Throw	Girls
*2:00	Shot Put	Boys
*2:45	High Jump	Boys
*4:30	Pole Vault	Girls
*4:45	Long Jump	Girls
	(raised runway)	
*6:00	Shot Put	Girls

**Approximate Start Times of Field Events,
Events will be run off as fast as possible*

**Please refer to the facility diagram in the
meet info to know where your event(s) starts.*

**All athletes must comply with spike-check
and hip number procedures.*

**Sections will be Run Slow to Fast*

**Running Events will be run off as fast as
possible*

TRACK EVENTS

1:00	60m Hurdles (prelims)	Boys	<i>11:00</i>
1:20	60m Hurdles (prelims)	Girls	<i>11:20</i>
1:40	60m Dash (prelims)	Boys	<i>11:40</i>
2:30	60m Dash (prelims)	Girls	<i>12:30</i>
3:05	Mile Run (5 1/3 laps)	Boys	<i>1:05</i>
4:00	Mile Run (5 1/3 laps)	Girls	<i>2:00</i>
4:35	60m Hurdles (finals)	Boys	<i>2:35</i>
4:40	60m Hurdles (finals)	Girls	<i>2:40</i>
4:45	60m Dash (finals)	Boys	<i>2:45</i>
4:50	60m Dash (finals)	Girls	<i>2:50</i>
4:55	400m Dash	Boys	<i>2:55</i>
5:30	400m Dash	Girls	<i>3:30</i>
6:10	800m Run (2 2/3 lap)	Boys	<i>4:10</i>
6:45	800m Run (2 2/3 lap)	Girls	<i>4:45</i>
7:05	200m Dash	Boys	<i>5:05</i>
7:55	200m Dash	Girls	<i>5:55</i>
8:30	3,000m Run (10 laps)	Boys	<i>6:30</i>
9:00	3,000m Run (10 laps)	Girls	<i>7:00</i>

**Recommended report
time to Clerking Station**

**Starting blocks will not be allowed in the 400m Dash,
Standing starts only*

**Starting blocks may be used in the 200m Dash,
runouts will not be permitted, violation of this rule will
result in a Disqualification from the event*

**A countdown clock will be utilized at the start line for
the 60m, 60h, and 200m dashes to keep the meet on
schedule*

**Recommended report time to clerking station is the
earliest we would like athletes showing up to the
Clerking Station in the NW Corner of the Plaster
Center, with a minimum of 30 min prior to their race**