

Prentice Gudgen High School Invitational

Saturday, January 6, 2024 - Pittsburg State University

Robert W. Plaster Center - Harvey Dean Track

Schedule of Events



Final - Updated 1/3/2024

FIELD EVENTS

Noon	High Jump	Boys
Noon	Pole Vault	Girls
Noon	Long Jump	Boys
	(raised runway)	
Noon	Weight Throw	Boys
1:30	Triple Jump	Girls
	(east runway)	
*1:30	Weight Throw	Girls
*2:15	Shot Put	Boys
*2:30	High Jump	Girls
*3:30	Pole Vault	Boys
*3:30	Triple Jump	Boys
	(east runway)	
*3:45	Long Jump	Girls
	(raised runway)	
*5:00	Shot Put	Girls

**Approximate Start Times of Field Events,
Events will be run off as fast as possible*

**Please refer to the facility diagram in the
meet info to know where your event(s) starts.*

**All athletes must comply with spike-check
and hip number procedures.*

** Sections will be Run Slow to Fast*

**Running Events will be run off as fast as
possible*

TRACK EVENTS

1:00	60m Hurdles (prelims)	Boys
1:15	60m Hurdles (prelims)	Girls
1:35	60m Dash (prelims)	Boys
2:15	60m Dash (prelims)	Girls
2:50	Mile Run (5 1/3 laps)	Boys
3:40	Mile Run (5 1/3 laps)	Girls
4:10	60m Hurdles (finals)	Boys
4:15	60m Hurdles (finals)	Girls
4:20	60m Dash (finals)	Boys
4:25	60m Dash (finals)	Girls
4:30	400m Dash	Boys
4:55	400m Dash	Girls
5:30	800m Run (2 2/3 lap)	Boys
6:00	800m Run (2 2/3 lap)	Girls
6:20	200m Dash	Boys
7:05	200m Dash	Girls
7:45	3,000m Run (10 laps)	Boys
8:10	3,000m Run (10 laps)	Girls

**Starting blocks will not be allowed in the 400m Dash,
Standing starts only*

**Starting blocks may be used in the 200m Dash,
runouts will not be permitted, violation of this rule will
result in a Disqualification from the event*

**A countdown clock will be utilized at the start line for
the 60m, 60h, and 200m dashes to keep the meet on
schedule*