



GRAND SERIES



Grand Sprint & Cerritos Summer Series

Cerritos College: Grand Sprint Series

Saturday, July 11, 2026

Entries/Deadline:

- Entries are due by 11:59 PM (PDT) on Wednesday, July 8, at Direct Athletics.
- Entry times must have been run on or after January 1, 2024. If using a "speculative" mark, Please provide link performance in the notes to be considered.
- Send Scratches to Meet Director: kevin@grandathletics.org
- If needed, a revised schedule will be made available Thursday, July 9, reflecting all entries.

Entry Fee:

- \$39 per athlete (unlimited events)
- Register for the meet through directathletics.com
- Late Entry fee: \$60 per athlete

Facility:

- Cerritos College: 11110 Alondra Blvd. Norwalk, CA 90650
- Nine lane **Mondo** track (400m)
- There will be no shower facilities available

Events:

- Schedule of events below:
- 200m & 400m
 - Nobody will be assigned/run in lane 1 (for the 200m and 400m) unless you request that lane
- 100m and hurdles races (110m and 100m hurdles)
 - Two rounds (Prelims and Finals)
 - Each participant is guaranteed two rounds (finals will be seeded by athletes)



preliminary times).

Time Schedule:

SATURDAY, July 11

<u>Running events</u>			<u>Field events</u>		
12:00 PM	Womens	1500m	12:00 PM	Womens	Long Jump
12:05 PM	Mens	1500m	12:00 PM	Mens	Long Jump
12:10 PM	Womens	100m Hurdles Prelims	12:00 PM	Womens	Pole Vault
12:20 PM	Mens	110m Hurdles Prelims	12:00 PM	Mens	Pole Vault
12:30 PM	Womens	100m Prelims	12:00 PM	Womens	Javelin
12:40 PM	Mens	100m Prelims	12:00 PM	Mens	Javelin
1:10 PM	Womens	400m	12:00 PM	Womens	Hammer
1:15 PM	Mens	400m	12:00 PM	Mens	Hammer
1:30 PM	Mens	110m Hurdles Finals	1:00 PM	Womens	Triple Jump
1:40 PM	Womens	100m Hurdles Finals	1:00 PM	Mens	Triple Jump
1:50 PM	Womens	100m Finals	1:00 PM	Womens	Shot Put
2:00 PM	Mens	100m Finals	1:00 PM	Mens	Shot Put
2:30 PM	Womens	800m	2:00 PM	Womens	Discus
2:40 PM	Mens	800m	2:00 PM	Mens	Discus
2:50 PM	Womens	400m Hurdles			
3:00 PM	Mens	400m Hurdles			
3:10 PM	Womens	200m			
3:20 PM	Mens	200m			
3:45 PM	Womens	5000m			
3:50 PM	Mens	5000m			

Questions: email kevin@grandathletics.org



Check-In:

- Check-in, Shoe Check ($\frac{1}{4}$ " pyramid or smaller), and hip numbering will be done at the same time by the 200m start.
- Check-in: 45 minutes or more prior to your race start time at the clerking tent.
- 10 minutes prior to your race, return to the start of your event area.
- Field event athletes will check in at the event site.

World Athletic & USATF Championships Qualifying:

- New World Athletics and USA Track & Field policies require that for marks to qualify for their championships, they must come from competitions sanctioned through World Athletics / USATF and must abide by their rulebook.
- Results will be reported to World Athletics / USATF, with notations of any rule violations from the World Athletics rulebook.
- Footwear: World Athletics / USATF requires that all shoes be in compliance with their approved shoe list [<https://www.worldathletics.org/about-iaaf/documents/technical-information>]. Shoes will be randomly checked for compliance at clerking and field event check-in.

Track Layout

