

2023 Greater Boston Track Club INVITATIONAL

TENTATIVE Schedule of RUNNING Events

(SB = scholastic boys, SG = scholastic girls, W=women, M=men)

ON THE OVAL

updated: 12-09-22

9:10am	3000m Race Walk	W + M	Final (20 minute limit)
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ON THE STRAIGHTAWAY (top 8 open trial times move on to one-section final)

Each Contested Event after the Other

9:40am	60m High Hurdle	W, SB, M	Trials (scholastic final)
	60m	W then M	Trials
	The Jamie Noble Masters 60m	<u>Men Only</u>	Masters Final Only

ON THE OVAL

11:05am	400m	W	Open
	400m	M	Open
	Masters 400m	<u>Men Only</u>	Masters
11:30am	600m	W	Open (2-turn stagger)
	600m	M	Open (2-turn stagger)
11:50am	300m	W	Open (in lanes)
	300m	M	Open (in lanes)

ON THE STRAIGHTAWAY (top 8 trial times move on to one-section finals)

12:20pm	60m High Hurdle FINAL	MEN	Final (Top 8 Trial Times)
	60m High Hurdle FINAL	WOMEN	Final (Top 8 Trial Times)
	60m Dash FINAL	WOMEN	Final (Top 8 Trial Times)
	60m Dash FINAL	MEN	Final (Top 8 Trial Times)

ON THE OVAL (SCHEDULE WILL ROLL FORWARD UP TO BUT NO MORE THAN 30 MINUTES)

12:35pm	Scholastic/Prep Mile	SG then SB	Scholastic Sections
1:35pm	Bill Squires Invitational Mile	W	Invitational Section
	Open Mile	W	Open
1:55pm	Bill Squires Invitational Mile	M	Invitational Section
	Open Mile	M	Open
	Masters Mile	<u>Men Only</u>	Masters
2:35pm	200m	W	Open
	200m	M	Open
	The Indu Conley Masters 200m	W + M	Masters
3:05pm	1000m	W	Open
	1000m	M	Open
3:30pm	Invitational 800m	W	Invitational Section
	800m	W	Open
3:45pm	Invitational 800m	M	Invitational Section
	800m	M	Open
	Masters 800m	<u>Men Only</u>	Masters
4:00pm	4 x 440y	W / M	
	4 x 220y	W / M	
4:15pm	Invitational 3k	W	Invitational Section
	3000m	W	Open
	Invitational 3k	M	Invitational Section
	3000m	M	Open

Greater Boston Track Club INVITATIONAL

TENTATIVE Schedule of FIELD Events

FIELD EVENTS

FIELD EVENTS

Flights and final time schedule will be based on entry numbers and on-time athlete declarations.
Top 8 field athletes qualify for finals.

IF FIELD SIZES REQUIRE MULTIPLE SECTIONS, THE FOLLOWING MINIMUM STANDARDS **MAY** BE IMPLEMENTED. MEET OFFICIALS **AND** MEET DIRECTOR WILL MAKE THE FINAL DECISION.

9:30am **Women's Open SHOT PUT**

Shot Put	Women Open	(Min. Measurement 7.00m)
Masters/HS SP	Women Masters & Scholastic Final	

Followed by 35 lb. Weight Men Open (Min. Measurement 11.00m)

Followed by 20 lb. Weight Women Open (Min. Measurement 11.00m)
Masters/HS Weight Women Masters & Scholastic Final

Followed by **Men's Open SHOT PUT**

Shot Put	Men Open	Final	(Min. Measurement 11.00m)
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Followed by Masters/HS Shot Put Men Masters & Scholastic Final (to follow Open Shot)

Followed by Masters/HS Weight Men Masters & Scholastic Final (to follow Masters Shot)

9:30am Long Jump Men Final (Min. Measurement 5.00m)

Followed by Long Jump Women Final (Min. Measurement 4.00m)

Followed by Triple Jump Men Final (Min. Measurement 11.00m)(Boards: 10.5m, 13m)

Followed by Triple Jump Women Final (Min. Measurement 9.50m)(Boards: 9m, 10.5m)

11:00am Pole Vault Women Final (Opening height 2.45m) (15cm increments)

Followed by Pole Vault Men Final (Opening height 3.20m) (15cm increments)

1:30pm High Jump Women Final (Opening height ~1.30m) (5cm increments)

Followed by High Jump Men Final (Opening height ~1.70m) (5cm increments)