

2019 Greater Boston Track Club INVITATIONAL

TENTATIVE Schedule of RUNNING Events

(SB = scholastic boys, SG = scholastic girls, W=women, M=men)

ON THE OVAL

9:30am 1 Mile Race Walk W + M Final (10 minute limit) updated: 01-09-19

ON THE STRAIGHTAWAY (top 8 open trial times move on to one-section final)

Each Contested Event after the Other

9:40am 60m High Hurdle W, SB, M Trials (scholastic final)
60m W then M Trials
DirectAthletics.com Masters 60m Men Only Masters Final Only

ON THE OVAL

11:05am 400m W Open
400m M Open
DirectAthletics.com Masters 400m Men Only Masters
11:30am 600m W Open (2-turn stagger)
600m M Open (2-turn stagger)
11:50am 300m W Open (in lanes)
300m M Open (in lanes)

ON THE STRAIGHTAWAY (top 8 trial times move on to one-section finals)

12:20pm 60m High Hurdle FINAL MEN Final (Top 8 Trial Times)
60m High Hurdle FINAL WOMEN Final (Top 8 Trial Times)
60m Dash FINAL WOMEN Final (Top 8 Trial Times)
60m Dash FINAL MEN Final (Top 8 Trial Times)

ON THE OVAL (SCHEDULE WILL ROLL FORWARD UP TO BUT NO MORE THAN 30 MINUTES)

12:35pm Scholastic/Prep Mile SG then SB Scholastic Sections
1:35pm **Bill Squires Invitational Mile** W Invitational Section
Mile W Open
1:55pm **Bill Squires Invitational Mile** M Invitational Section
Mile M Open
DirectAthletics.com Masters Mile Men Only Masters
2:35pm 200m W Open
200m M Open
Masters 200m Men Only Masters
3:05pm 1000m W Open
1000m M Open
3:30pm **Richardt Performance & Rehab Invite 800m** W Invitational Section
800m W Open
3:45pm **Richardt Performance & Rehab Invite 800m** M Invitational Section
800m M Open
DirectAthletics.com Masters 800m Men Only Masters
4:00pm 4 x 440y W / M
4 x 220y W / M
4:15pm **Outback Physical Therapy Invitational 3k** W Invitational Section
3000m W Open (up to 2 sections)
Outback Physical Therapy Invitational 3k M Invitational Section
3000m M Open (up to 3 sections)
To Follow **Outback Physical Therapy 5000m** W Open (20 minute limit)
Outback Physical Therapy 5000m M Open (20 minute limit)

Greater Boston Track Club INVITATIONAL

TENTATIVE Schedule of FIELD Events

FIELD EVENTS

FIELD EVENTS

Flights and final time schedule will be based on entry numbers and on-time athlete declarations.
Top 8 field athletes qualify for finals.

IF FIELD SIZES REQUIRE MULTIPLE SECTIONS, THE FOLLOWING MINIMUM STANDARDS **MAY** BE IMPLEMENTED. MEET OFFICIALS **AND** MEET DIRECTOR WILL MAKE THE FINAL DECISION.

| | | | | |
|----------------|---------------------|--------------------------|-------|---|
| 9:30am | Shot Put | Women Open & Scholastic | Final | (Min. Measurement 9.14m) |
| Followed by | 35 lb. Weight | Men Open | Final | (Min. Measurement 12.80m) |
| Followed by | 20 lb. Weight | Women Open & Scholastic | Final | (Min. Measurement 10.97m) |
| Followed by | Shot Put | Men Open | Final | (Min. Measurement 10.97m) |
| Followed by | Masters/HS Shot Put | Men Masters & Scholastic | Final | (to follow Open Shot) |
| Followed by | Masters/HS Weight | Men Masters & Scholastic | Final | (to follow Masters Shot) |
| | | | | |
| 9:30am | Long Jump | Men | Final | (Min. Measurement 5.18m) |
| Followed by | Long Jump | Women | Final | (Min. Measurement 4.57m) |
| Followed by | Triple Jump | Men | Final | (Min. Measurement 10.67m)(Boards: 10.5m, 13m) |
| Followed by | Triple Jump | Women | Final | (Min. Measurement 9.75m)(Boards: 9m, 10.5m) |
| | | | | |
| 11:00am | Pole Vault | Women | Final | (Opening height 2.30m) (15cm increments) |
| Followed by | Pole Vault | Men | Final | (Opening height 3.20m) (15cm increments) |
| | | | | |
| 1:30pm | High Jump | Women | Final | (Opening height ~1.30m) (5cm increments) |
| Followed by | High Jump | Men | Final | (Opening height ~1.70m) (5cm increments) |