

**32nd Annual Doug Sargent Memorial
Freshman/Sophomore Invitational
Track and Field Meet
Saturday, May 9th, 2026**

ORDER OF EVENTS

FIELD EVENTS

9:00 am

Girls Triple Jump	followed by	Boys Triple Jump
Boys Long Jump	followed by	Girls Long Jump
Girls High Jump	followed by	Boys High Jump
Girls Pole Vault	followed by	Boys Pole vault
Boys Shot Put	followed by	Girls Shot Put
Girls Discus	followed by	Boys Discus
Boys Javelin	followed by	Girls Javelin

Cement shot/discus circles, grass runway for javelin

RUNNING EVENT FINALS

9:30 am Start Time

(All running events final - Girls first followed by boys)

4 X 800 m Relay Finals	(Sections on time) (If small #'s combined)
Girls 100 M High Hurdle Finals	(Sections on time)
Boys 110 M High Hurdle Finals	(Sections on time)
100 m Finals	(Sections on time)
1600 m Finals	(Sections on time)
4 X 100 m Relay Finals	(Sections on time)
400 m Finals	(Sections on time)
300 M Hurdle Finals	(Sections on time)
800 m Finals	(Sections on time)
200 m	(Sections on time)
3200 m Finals	(One Section unless we have many #'s)
4 X 400 m Relay Finals	(Sections on time)

1/4" Pyramid spikes on all runways and track

National Federation High School Rules Apply