



Falcon Track & Field Classic

March 13-14, 2026

FINAL

Friday

Field Events

11:00am Javelin (W/M)
1:00pm Long Jump (M/W)
3:00pm Discus (W/M)

Track Events Timed Finals

5:30pm 10,000m (W)
6:20pm 10,000m (M)

Saturday

Field Events

10:00am Shot Put (M/W)
11:00am Triple Jump (W/M)
12:00pm High Jump (M/W)
~12:30pm Pole Vault (M/W)
2:30pm Hammer (M/W)

Track Events Timed Finals

8:00am 5,000m (W)
9:15am 5,000m (M)
11:45am 4x100m (W/M)
12:00pm 1500m (W/M)
1:10pm 100mH/110mH (W/M)
1:35pm 400m (W/M)
2:20pm 100m (W/M)
2:55pm 400mH (W/M)
3:20pm 800m (W/M)
4:00pm 200m (W/M)
5:00pm 3000mSC (W/M)
5:45pm 4x400m (W/M)



Falcon Multi

March 13-14, 2026

Friday

Decathlon

10:00am	100m
10:45am	Long Jump
12:00pm	Shot Put
1:00pm	High Jump
2:30pm	400m

Heptathlon

10:15am	100mH (W)
11:00am	High Jump
12:30pm	Shot Put
1:30pm	200m

Saturday

Decathlon

9:00am	110mH
9:45am	Discus
10:45am	Pole Vault
12:15pm	Javelin
1:30pm	1500m

Heptathlon

9:15am	Long Jump
10:30am	Javelin
11:30pm	800m