



Emory CrossPlex Showdown 2023 - FINAL

NOTE: Live Results from Perfect Timing | live.ptgrouponline.com

Spike Check open 8:45am – 1:00pm | Implement Weigh-in 8:30am-10:00am | Doors Open at 8:15am

FIELD EVENTS

9:30 am	Men's Weight Throw (<i>*Women's Weight Throw to follow</i>)
9:45 am	Men's and Women's Long Jump
10:00 am	Women's Pole Vault
1:00 pm	Men's Shot Put (<i>*Women's Shot Put to follow</i>)
1:00 pm	Men's and Women's Triple Jump
1:00 pm	Men's Pole Vault
3:05 pm	Men's and Women's High Jump

RUNNING EVENTS - Women, then Men - Fastest Heats First

Times	Event
10:00 am	Women's 5,000m
10:25 am	Men's 5,000m
10:45 am	Women's 3,000m
11:00 am	Men's 3,000m
11:30 am	Women's 60m <i>*Qualifying (Top 3 Advance to Semis)</i>
11:35 am	Men's 60m <i>*Qualifying (Top 4 Advance to Semis)</i>
11:50 am	Women's 60m Hurdles <i>*Semis</i>
12:10 pm	Men's 60m Hurdles <i>*Semis</i>
12:25 pm	Women's 60m <i>*Semis (Top 29 +3 From Qualifying)</i>
12:40 pm	Men's 60m <i>*Semis (Top 28 +4 From Qualifying)</i>
1:00 pm	Women's 400m
1:15 pm	Men's 400m
1:40 pm	Women's Mile
1:55 pm	Men's Mile
2:20 pm	Women's 60m Hurdles <i>*Finals</i>
2:25 pm	Men's 60m Hurdles <i>*Finals</i>
2:30 pm	Women's 60m <i>*Finals</i>
2:32 pm	Men's 60m <i>*Finals</i>
2:40 pm	Women's 800m
2:50 pm	Men's 800m
3:05 pm	Women's 200m
3:30 pm	Men's 200m
4:00 pm	Women's DMR
4:15 pm	Men's DMR
4:30 pm	Women's 4x400m
4:40 pm	Men's 4x400m

Updated: 1/13/2022 9:30am