

**2023 Dick Small Invite/NJCAA Region XII Championship
Event Schedule
February 9th and 10th, 2023
George M. Smart Center - Defiance, OH**



**Meet Information
(subject to change based off entries)**

Teams: Open to all : Committed teams : Lawrence Tech, NJCAA Region XII, TBA

Facility: Opens at 4 PM on Feb. 9th
5:45 PM National Anthem
Running events Begin 6PM

Friday February 10th

Facility Opens at 8:30 AM
Multi's Begin at 10:30 AM
Field Events start at 1:00 PM
Running Events start at 2:00 PM

Covid Protocols: If you have any Covid like symptoms you will be asked to stay at home. (Covid protocols are subject to change and updates will be posted via our web-site.)

Entries: Unlimited. Entries will be completed through directathletics.

Deadline: The entry deadline is 9:00 pm on Tuesday January 17th. Additions will be accepted only if an open lane is available. Scratches will be taken on meet day, but please enter accurately to avoid having to re-seed or running with empty lanes. Scratches are encouraged as soon as possible before heat sheets come out. Email scratches after deadline to dave@meuleman.us
Heat Sheets will be posted no later than Wednesday 8 PM.

Entry Fee: \$300 per gender (\$200 if team is declared by January 1st to coach Christianson). \$50 for unattached entries or Individual Entries (Max \$300 per gender team) - pay when you arrive at the check-in table. Cash or checks payable to Defiance College Track and Field.

Facility: 200-meter track with six lanes all around, with an eight lane straight away.

Event Check-In:

Track Events - Check in 30 minutes prior to your event at the hip number table located near the finish line. 5 minutes prior to your event, report to the clerk of the course at the start area. **If athletes fail to check-in 10 minutes prior to their event, they will be scratched.**

Field Events - Contestants must check-in with the head official at their event, no later than 30 minutes prior to their event.

Seeding: All heats/flights seeded according to performance.

Sections of the 200, 400, 800, mile, 3k, 5k, 4x200m Relay, 4x400m relay, and DMR, will be run slow to fast.

Preliminary Rounds: There will be a prelim for the 60m dash along with the 60m Hurdles if there are at least 9 entries per gender for each event. In the event that there are not enough entries to satisfy the need for prelims, there will be a 5 minute gap in place of the event.

Running Events: Rolling schedule. Eight runners will advance to finals in the 60D/60H. All other events will be timed finals.

Field Events: Long and Triple Jump get three jumps with nine competitors advancing to finals. Shot Put and Weight throw will get three throws with nine competitors advancing to finals. Triple Jump will follow Long Jump. Shot Put will follow the weight throw.

Jumping Boards:**One pit and runway**

LJ: Board at 10 feet

TJ: Boards at 27', 33', 38'

HJ: One pit

PV: One pit

Long Jump / Triple Jump/ Weight Throw/ Shot Put - If nine or less are competing, all advance to finals provided the athlete makes at least one successful mark.

Throws:

Wooden circle with cage for the weight throw. Wood Circle for shot-put.

Parking: Plenty of parking in the parking lot for spectators. Buses and vans can drop off at the main entrance. Vans can park in the main parking lot of the George - buses and must park across the street from the car wash in the strip mall parking lot. There could be a basketball game going on at the same time as the meet. If for some reason it's limited on parking buses

Team Camps: Team camps will be in the Smart Center (There may be more space available depending on other sporting events on campus (TBA)).

Spectator admission: Admission will be \$5.00 for adults. Students of DC with ID and Children younger than 10 are admitted free.

COVID Spectator Policy: Fans are allowed as of right now, and COVID policies are subject to change. Please check our web-site for our most up to date information.

Concessions: Concessions will be available.

Restrooms: Restrooms are in the front of the building with a small amount of changing room space.

Warm-up area: Outside or on the back lanes where they are not running

Spikes: ¼" spikes will be permitted for all running and field events. (except shot and weight throw)

Blocks: Defiance College will have Eight starting blocks; however, you can use your own blocks.

Trainers: Athletic Training staff will be available. Training staff will only be providing first aid and ice. Please bring your own taping supplies.

Live streaming/Results: live.impeccabletiming.us

Implements Weigh-ins: Will take place at the event site. Certification will take place from 1:15-2:30

Hotels:

Hampton Inn - \$120 plus taxes(bring Ohio tax exempt status if you are tax exempt in Ohio) Includes:

Free Hot Breakfast

1037 Hotel Drive

Defiance, OH 43512

Contact Shelly Conroy - shelly.conroy@hilton.com Telephone: 1-419-784-1515 Fax: 1-419-784-1516

Holiday Inn Express and Suites - \$144 Double Room before taxes

1148 Hotel Drive

Defiance, OH 43512

Contact Heather McKenzie - General Manager Telephone: 1-419-784-0782 x 500 Fax: 1-419-784-0871

Email: hmckenzie31@gmail.com

Quality Inn - \$129.99 before taxes

Defiance, OH 43512

Contact: Jennifer Hotel Manager - 1-419-784-4900

Restaurants: More information TBA

Marco's

Chipotle

Questions: Please call Aaron Stallworth at 314-616-1761 or Meet Director-Nate Christianson 270-302-2840

IMPORTANT!!! All track spikes and field event spikes will be inspected prior to check in at the spike check table located in the infield. Appropriate spikes will receive an orange zip tie. You will not be allowed to check in for your race if you do not have the correct spikes!

