## Defiance College Invite December 3rd, 2021



## Meet Schedule (subject to change based off entries) National Anthem 12:45

Running events start at 3pm

W-DMR M-DMR

W-60mh prelims M-60mh prelims

W-60m prelims M-60m prelims

W-3K M-3k

W- 4 x 200m relay M- 4 x 200m relay

W- 400m M- 400m W- Mile M- Mile

M- 60mh finals

W - 60mh finals

W - 60m finals M - 60m finals

W-800m

M-800m

W- 200m

M- 200m

W- 5K

M- 5K

W- 4 x 400m relay

M- 4 x 400m relay

Field events start at 1pm

Long Jump first with Triple Jump to follow

M-Long Jump Prelims/Finals W-Long jump Prelims/Finals M-Triple Jump Prelims/Finals W-Triple Jump Prelims/Finals

Weight Throw first /Shot to follow W-Weight Throw Prelims/ Finals M- Weight Throw Prelims/ Finals W- Shot Put Prelims/Finals M-Shot Put Prelims/Finals

W-Pole Vault M-Pole Vault

W-High Jump M-High Jump