

Defiance College Invite
January 20th, 2023



Meet Schedule
(subject to change based
off entries)

Field events start @3pm

National Anthem @2:45pm

Long Jump first, Triple Jump to follow

Men's Long Jump Prelims/Finals

Women's Long Jump Prelims/Finals

Men's Triple Jump Prelims/Finals

Women's Triple Jump Prelims/Finals

Weight throw first, Shot put to follow

Women's Weight throw Prelims/Finals

Men's Weight throw Prelims/Finals

Women's Shot put Prelims/Finals

Men's Shot Put Prelims/Finals

Women's Pole Vault

Men's Pole Vault

Women's High Jump

Men's High Jump

Running events start @5pm

The women's events will start first, the men's will follow

Women's - DMR

Men's - DMR

Women's - 60mh Prelims

Men's - 60mh Prelims

Women's- 60m Prelims

Men's - 60m Prelims

Women's - 3k

Men's - 3k

Women's - 4 x 200m relay

Men's - 4 x 200m relay

Women's - 400m

Men's - 400m

Women's - Mile

Men's - Mile

Men's - 60mh finals

Women's – 60mh finals

Women's – 60m finals

Men's – 60m

Women's– 800m

Men's- 800m

Women's- 200m

Men's- 200m

Women's- 5K (depending on entries)

Men's- 5K (depending on entries)

Women's- 4 x 400m relay

Men's- 4 x 400m relay